

# Day 1

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IYS Yatra Day 1

DAY 1 - EVENING CLASS

**Topic - Naamruchi**

**By Baldev Pr**

Notes -

Let me ask you one thing to all of you - what is naamruchi. What you thing about Namruchi? Eg - Haridas thakur, srila prabhupada, aindra pr, etc.

Why Haridas thakur having naamruchi?

Because he has love for lord chanting for 22hrs of holy name of the lord. Cc refers that Haridas thakur chanting for 22hrs and 2hr is daily chores. Haridas thakur was a namacharya and we are naamstudent. We should endeavour in the holy name of the lord and than holy name will reciprocate within ourself. Hanumanji is another example who chants continuously the holy name of Sri ram. Hanuman everytime utters the holy name of the Rama in his pores too. HANUMAN Chants even when he sleeps. But we sleep while chanting.

One time sita Devi making feast for everyone Rama, lakshman, shatrugna and everyone. But Sri Rama said, Hanuman is not present. Than Sriram told search Hanuman for the feast. He should there in this feast. That time Hanuman was sleeping and snoring and while snoring he was snoring - "Raaaaam... Raaaaam..." Hanuman was chanting the holy name when he was in sleep. That time shatrugna saw that all the demigods playing the instruments when Hanuman was snoring. That time shatrugna was with Kirtan with hanumanji and demigods. And then Bharat also went and then Laxman and sita gone and then everyone assembled for Kirtan with Hanuman. With a snoring kirtan while Hanuman was sleeping. Sita Devi thinks that I had made feast for all but Hanuman will not feast because he is not hunger for knowledge, food and nothing. But hanumanji has hunger for love and service for Rama. In morning we chants "Every devotee who claims to be Vaishnava must guard against these offenses in order to quickly achieve the desired success KRISHNA PREMA!"

Sitadevi offered anything and took tulsi leaves and wrote Sri Rama and offered to Rama. Hanuman jumped up and came to sitadevi. Sitadevi told come to have dinner. This is the taste of the holy name of the Lord. We don't know whether we are chanting 16 rounds or not, but there is lots of personality who have been tasted the holy name in each and every moment of life. There are 'n' number of example - Lord Shiva absorbed in the holy name and drank poison. And he got the name as a nilakanth because he was absorbed in the holy name of the Lord.

Jo andar gaya wo vish and andar gaya with ram. Hogaya vishram.

Nothing in this world will trouble if you took shelter unto the holy name of the lord. There is. Taste in this nectar. This is the matter of choice - we must walk unto the footsteps of the acharyas who had dedicated their lives in the holy name of the Lord. In Jagannath puri, still it's has siddhabakul. Many devotees felt so pleased whole chanting under the

holy tree. They feel so amazing while doing chanting at that spot.

And also many devotees chanted in Vrindavan temple where prabhupada used to chant the holy name of the Lord in his room where many devotees felt so much presence of sheltered in the holy name of the Lord. Whenever you visit dhams makes the life special in the chanting of the Lord names. Many devotees come to dham from many many far places who makes devotees transform their lives.

--> How to develop the taste ?

• \*A - Awareness\*

Awareness of what holy name is and where we are - we see many science and technology where many technology comes forth. We buy newer and newer everyday. It is said as, there is not just invention in material technology but also in spiritual technologies.

1st stage of yugadharma was meditation.

2nd stage of tretayuga was austerities

3rd stage was dwaparyuga was deity worship

4th stage is in Kaliyuga is \*user friendly\* where no world has best spiritual technology where everyone can chant, at any time, any moment and with no strict rules. You can chant at any time.

HOLY NAME has spiritual technologies. LCM don't have outdated technology but LCM has upgraded technology. Nija sarva shakti - Lord has put every potency in the holy name of the Lord. Because of holy name something or somehow everytime is making something transformation everytime in our lives.

Example - SP was in London and told disciples to chant the holy name of the lord or harinam in various streets. Once there was a time vegetable valas throws tomato on the disciple of SP while chanting the holy name or doing sankirtan.

There is actually a taste in chanting the holy name. It may not get taste now, but by passing the time you will also develop the taste and experience that taste in the holy name.

Our problem is that in we have interest in the naam-lust instead of naamras. As long as there is bitter in mouth in a bitter thing than we feel bitter. Similarly, if someone is afflicted by poison then bitter things look better. And immediately the person gets cured and eats bitter things, he will immediately sense that bitterness.

Shyamsunder pr mentions that when they were coming to India for helping SP and one Indian gentleman wanted to help SP and his disciples.

Ei camsha bhoga - we are experiencing the taste in the sense gratification and in the illusory energy. To check the taste in the holy name of Lord is to chant the hare krsna mahamantra.

Once person told Indradyumna swami Maharaj I am developing taste in chanting the holy name of the lord. Similarly, apna time ayega when we will develop the taste in the naam or holy name.

Whatever we do in your life, we experienced that in our personal lives in good way or bad way. we develop the taste in Lord. when you practice the holy name sincerely. sradhava matra param ananda - by developing faith in the holy name of the lord we develop the topmost love in the service of Lord.

To understand the holy name of the Lord (acronym AHA)

• H - Hearing

One thing happened when we hear about the great devotees we become humble. Just like a beggar is proud of his penny. Similarly, devotees are proud when making small things in life. once a rich man has Mercedes Benz and he went to some big person who has 10 mercedes Benz that first rich felt that I am very poor person.

So, Many times in a bhakti also we have small group like bandirvan, koklivan, vrindavan and many more baces in Mumbai are. people who have position in baces - we think that we are some big person who is manager, lawyer or anything else. That smaller things makes us proud. But Haridas Thakur was an exalted devotee who don't have any pride and Chaitanya mahaprabhu gave association to Haridas thakur. this is called hearing about the great devotees.

Someone asked SP how many ages took to develop the taste in chanting. Prabhupada said, I develops taste after 40years.

• \*A - Association\*

since, our chanting of the holy name is not so strong, we need association in all stages. Lord Chaitanya mahaprabhu said, Even in highest region of bhakti is association.

We are chanting in such a way that we don't know how much rounds you had completed. You need association of devotees to make a taste in the holy name of Krsna.

Just like everyone in this world chanting the God's name in Tirupati, pandharpur but they are just chanting without knowing for material benediction. So Bhagvan gives bhukti, not bhakti. Chanting has to be specific. When we do experiment in chemistry or physics in a specific you will get a result. Similarly, chanting must be specific to get a pure devotional service by getting a strong association. Association of devotees makes us strong to improve chanting the holy name and then it' will helps us to develop the taste in the holy name.

Thank you very much  
Hare Krishna