

# Shikshashtakam Pr | Art of making decision

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Art of making decision by HG Shishtashtakam Prji

Notes

Life= choices

we make choices and then choices makes us

every single choices have a ripple effect.

Life is moment to moment the choices which we keep making.

dilemma right choice and wrong choice??

THERE IS NEVER A WRONG TIME TO MAKE A RIGHT DECISION.

Life=MCQ

MCQ has 5 multiple options and only 1 vll be right nd others vll be wrong.

\*the purpose of MCQ is trying to check the ability to make right decision.\*

YES,NO,MAYBE(HA,NA,SHAYAD)

Choices muscles

\*coming to kc is like joining a mental gymnasium especially choice muscles.\*

after cming here we hear philosophy den we have do's and don't.

preachers in temple try too activate our choice muscles.

which food?

what to eat chinese or desi..or ...desi chinese or chinese bhel..:p

which movie?

srk-shah ruk khan-kuch kuch hota he.

ssk-shyamsundar krishna-yaha sab kuch hotaa he.

which car?

mercedes or mari hui sadi hu

audi ya bail gadi..:p

which career?

engg,doctor,mba or join JNU..:p

which spouse?

working girl or non working girl or girl...

Animal vs human

animals have abilty to discriminate

Discrimination is based on pain and pleasure.

while Humans have 3 phase

1)Discrimination

2)Prefereces-Preferences is based on likes and dislikes.

3)Choices

\*If human being is also on level of discriminaton just for pain and pleasure of sense gratification,jst immediate pleasure.

then,he is in animal platform.\*

human being have preferences.

human being should come to the level of preferences and choices(from physical to mental to choices).

from discrimination to preferences to choices.

\*choices: liking the right thing and disliking the wrong thing.\*

if we train ourselves to be human being who need to be advanced not just physically but metaphysically then we should rise from discrimination to preferences to choices.\*

\*art of decision means knowing difference between discrimination,preferences and choices.\*

Discrimination-physical

preferences-mental(emotional)

choices-conscience(value system/principle based)

eg pralhad,arjuna etc

\*In life there maybe many bloodsucker,if the values are very well founded,then watever may be the situation decision making vll be motivated by our conscience.\*

The meaning of LIFE is not living in full enjoyment.

Actually it is meant \*Living in Full Enlightenment.\*

and \*dat is actually full enjoyment.\*

6 levels of human refineness:

6)objects:

small babies always check any object by keeping in mouth..

if somebody even though phsically grown if still attached to object he is still on the level of child..

5)people:

when child grows he start relating to people-father,brother,mother etc

4)places:

as child grows physically and metaphysically try to relate to l'm from maharashtra,India,America etc. starts relating to places.

3)events

we graduate from university bcom doctor,engg den gets married big event...p

2)lessons:

\*if events dont teach us lesson then its just disaster.\*

\*As refined human being we should be ready to learn lesson from those events.\*

1)principles:

from those lessons when we live principles based life which we live for and then we make our preferences from our choices then we r learning art of decision making.

we have to determine ourselves which rung we are??

3 C's of life

1)choices

2)Chances

3)changes.

you must make a choice to take a chance or your life vll never change.

CAR TECHNIQUE:

C-CHANGE THE CHANGEABLE

A-ACCEPT THE UNCHANGEABLE  
R-REMOVE YOURSELF FROM UNACCEPTABLE

\*when choices are made looking into consequences(its is noble,define u as a good human being,make u proud)then the choice which u took will be pleasurable and beneficial.\*

Will power-courage to say YES  
Won't power-courage to say NO

Identify the problem - gather information-identify the Alternative - focus on immediate and long term consequences-make best choices-ACT