

# Karthik Vrat | Vishvaroop Pr

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Practical Spirituality Webinars

Topic - ***Following the vow in Month of Karthik***

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Notes

- Radharani is the topmost who blesses even to Sri Krsna
- In this Damodar month, every body of demigods and even krsna resides in their hearts whoever follows this Damodar month because they were eager to associate with devotees who are following Damodar month and they are very eager to get their association of devotees.
- Karthik vraj is very very important aspect to develop or imbibe our spiritual quality
- Those who don't follow the damodar month, they go again in hellish planet but hellish planet is okay because he will again come to Mrtyuloka.
- Those who knows the benediction of Damodar month, by seeing that don't follow this damodar month superficially. We need to follow damodar month in such a way that he will relish the spiritual life and make advancement in his spiritual life and in this way radharani and damodar will be pleased upon you
- Following all the rules in damodar month is to get only one goal that is samsidhir haritoshanam.
- Our goal is to get sa vai pumsah para dharmo, ahetuki aparihata - unmotivated and uninterrupted devotional service in this special month of damodar
- Our consciousness matters us a lot in this damodar month and how much you preserve your consciousness in this damodar month that will help you to make advancement in spiritual life
- To have right consciousness is to have samsidhir haritoshanam - to have same innate nature to serve Srimati Radharani and to please Damodar and whatever you do in your life will do for the pleasure of Lord
- When this nature comes then we must preserve in the service of Srimati Radharani, Damodar and vaishnavas and this is a secret to make advancement in your spiritual life
- In this damodar month, you need to fix your mind out of your faith and determination you can do vidhivrat and nishedhvrath
- Vidhi vrat means those who chant 8 rounds then he will chant 9 rounds from today itself and nishedh vrat means those things you want to leave that is naiti naiti vrat
- Vidhivrat is more imp than nishedhvrath
- The most imp vrat of nishedhvrath is don't commit any offenses unto vaishnavas
- In this karthik month, you will be aware that you will not do any offenses unto any vaishnavas by mind, action or thoughts. If you want to talk about any vaishnavas then you will glorify them and not criticize them
- In this month, you will not tell lies and more you become simple, the more your spiritual life will be simple and no duplicity, no envy, no ego, etc.
- One time one devotee asked to rnsn that why lord loves more to vrajavasis then RNSM said that because their hearts are simple and the moment you become simple, Lord loves you more than anyone else's
- In this damodar month, deep daan is more important in vidhi vrat and no sin stands in front of deep in this damodar month
- In damodar month, there are more important things to light a lamp in this damodar month and will have a special credit in this damodar month after this life.
- Just like a child jumps and jumps to hang a shirt on upper shelves just to convince his father to keep shirt on that shelves. Similarly, when we do our sadhana that you want to show to the Lord that I want to reach upto you so that we can also love you unmotivatedly and uninterruptedly

- Every morning just offer the deep unto Damodar
- Those who follows akhanda dipak in this damodar month then he will get a golok vrindavan in his or her very last day of life but we need to keep our consciousness in such a way that I can please srimati Radharani and Sri Krsna
- These offering lamp unto damodar will bring light in your heart with full of love
- You can also visit dham in this karthik month but if you cannot go to dham physically still you can go to dham mentally and wherever dham you want to go, you can go to any dham mentally
- According to Rupa goswami, there is no impediment in spiritual progress and no things can stop you to advance in your spiritual life
- Your vrat should not agitate you, vrat should be a very anandamaya that I will do this karthik vrat in such a way to please krsna and make me satisfied in the service of Krsna
- You follow that karthik vrat so that you can be happy in following and by seeing you happy, Lord will be happy and offer water to Tulsi everyday
- By following these vows, our obstacles in our spiritual life get destroyed
- If we cannot able to the follow the karthik month that before getting in devotional service, whatever we does in previous life then all the things get nullified if you won't follow the vrat of karthik.
- When we follow the vrat of karthik then DO NOT HAVE FRUTIVE MENTALITY and you will become bhaavpurvak and krsna is bhaav grahi. Krsna and Radharani accepts the bhaav,
- One time I have asked to rnsn that everyone is leaving their icecream, chocolate and etc etc, what is your vrat? Rnsn said - I will do my 16 rounds more precisely and attentively and I will do it more attentively
- Before taking vrat of karthik make sure you don't leave the previous vrat that you already committed with and then you can take a new vrat to follow in your spiritual path to make advancement
- Rnsn said that you should take vows in such a way that vow will remain permanent even after the karthik ends you will follow that vow sincerely and wholeheartedly

Thank you very much  
Hare Krishna