

Topic - Finding Hope in Turbulent Times | Radhanath Swami

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By Radhanath Swami

The word find brings my heart. It brings my heart to remember the bibles. Seek and you shall find. In vedas its says sara grahi that true happiness and purposeful life comes from when we learn to seek our essence. Nature teaches us.

There is butterfly and honeybee. They goes to flower to flower to seek the nectar. Some are the nectar in flower but on other side there are far. But that butter fly seeking the pleasure and seeking the essence. Doesn't get distraction. But they seeks their essence When they finds that essence and nourishes that and become happy and wherever they go and afflicted that area with nectar.

If we absorb in something and then you carry and share that nectar with them whoever you are with. Trees, plants are the gift of the earth . We becomes affects by that absorbance like bees and butterfly or people to share that. This awakens the potential to enrich. Like fruits and flowers and vegetables

Similarly, everyone has positive and negative side. We need each other that we can draw hope in us and we have actually a power to spread that hope. Fly is seeking unclean things and than that fly is spreading disease. This idea is to looking for positive and cultivating hope is imp in our life.

Where we can find the nectar ? Or where we can find that positive ?

People helps to find that positive to this holistic people which matter essence through holistic picture. Seeking through reading, types of entertainment and through by practicing regularly spiritual sadhana. We can find that joy to in every moment by actually knows who we really are especially in this turbulent points. If house has strong foundation In sunny days or stormy days, house stands forever by the strong foundation and protect others. If foundation is not strong when storm comes then house can be scumble and gives pain to others. Internally we have strong foundation than we can protect ourself and help others. Nature of lives we don't have control how people behaves or circumstance. But we have some control how we respond. Our intention matters, choice matters in our responses in stormy times inorder to responses in positive and compassionate way. People need shelter. Shelter of food, housing, medicine,etc. internally, everyone is seeking pleasure. Happiness gives shelter in difficult times. Ananda mayo abhayasat . We are looking for pleasure.This is really determinance and the quality of life and this is the legacy of life. Someone is seeking pleasure in meaning in fame, sex, power, money, etc. but some are seeking pleasure in goodness or god's grace. Ultimately love is the only princple to give true satisfaction to our heart. To love and to be love nitya sidha krsna prema....this love is inherent within everyone. We are in the spirit to love and to be loved. Our nature is to serve and to be loved and this is the greatest opportunity to prioritise and seeks this in this time of terbulence.

Hope natural quality that sustains life. Example baby cries for mother and that little baby has hope that mother will come to give love, food, and shelter. Example - A tree has having patience and hope for spring time. Potential of tree to blossom fruits and flowers. When sun shines than it's a time. A hope for a spring time. Time will come. Sometimes fruits not come but there is time to come. There is enthusiasm to grow. There is a celebration of hope.

When I was in bahrain with my friend - we drove into dessert that there are no people in this life and not able to see anything. No where around in this situation. There were a tree standing in enormously for 100 years. In this difficult situation too, that trees are growing in this difficult situation. If we have positive attitude and if we cultivate hope and if we strive to instrument of positive change. This happens in our human life to seek that essence. Many of the literatures, advances and science, sports, comes in the time of difficulties. People sees inside more than outside so that they can make difference in outside. People need inside condition fine than outside. Prabhupada wrote - eagerness of person is that how we tolerate the proving situation, and tolerating response in any situation. We grow when we are willingly and enthusiastically response the pleasure. Some times the breakheart. Our heart become callous by seeing suffering. We must be caring and realistic by loving. This body is a gift by lord and can be used to serve to take care of body and to extend ourself to serve others. We do know that that oldage disease and death will come.

Therefore our Great teachers taught us that, this situation not destroy our peace by this provoking situation. Krsna says BG matra saparshastu kauteya - happiness or pleasure, dishonor or honor , success or failure, victory or defeat, all coming are going like winter or summer season. If we are accomplish by goal of our life of our success of our inner self by sharing that love in whatever we may do that than every situation come upon us we get a chance to grow. Every purpose we come across than we get a chance to live. In our world we have so many problems are on the superficial or shallow way perspective happiness or life and when we grow look deeper, than we find joy and than share that happiness with others

We judge a person by color, size, sex. A deeper understanding is that regardless of this difference that we are all humans. Sisterhood and brotherhood of humanity who comes from a same source. We are not just humans. But we are that life that within us. When we are connect our deeper self that's why this is a difference of life. This is the true purpose of life. To find our real self. When we connect our self is to connect our true harmony with God that's when our spiritual purpose and meaning arises. In fact we should understand that our real harmony is to connect to our inner life and to serve all living entities. We are not finding joy but We are exploiting mother earth for our selfishness. But we need to connect our real love with compassionate by getting an opportunity with all we all have. The same can be essence applied to religion. In vedas said, name of religion is sanatana dharma. The eternal nature of soul - sa vai pumsah mano dharma adhokshje- the supreme dharma to awakern the love in our heart and to value the love and to serve others which gives and nourish and joy to our heart. This idea is beyond sectarnism which is awakening our true nature.

First commandment is to love god and to love all thy heart and all thy mind and all they soul and all they neighbour. When we recognize that we know than we share that love with others. Prabhupada explains that this scriptures are the greatest of all the scriptures and life too that - Sarve sukhino bhavantu - our greatest intention is to let everyone remains happy. By seeking the essence we can help everyone to remain happy. This consciousness can happen only by seeking essence.

in this unprecedented time, many mumbai, overseas hospital does lots of charitable work here to heal the bodies, and built their confidence to give prema that spiritual respect that people are hungry for love. Spiritual crisis is - A serious crisis is the famous part of religious history. Jewish people were slaved, islam was antagonizable, Christian were crucible. Buddha was in the difficult time by seeing the birth old age death, and left the home to seek the essence. In hindu religion, there is BG which said in the major war.

We are all want happiness, love, those beautiful gift seeking is we are seeking must be seeking. Through the association of devotees; We must cultivate inner awareness, virtue than we can able to appreciate others life who had risking their life for us. This are the instruments can gives us happiness in this turbulent times. BVT says where there is greatest necessity, there is greatest opportunity.

There was a king who had defeated and then gained more victory. This are the foundation of principles of his life is that this too, shall pass. We should understand that in giving in receive.

Let us give an opportunity to sarve sukhe bhavantu - try to make others happy by your tiny way or big way to truly wonderful by making them happy.

Thank you very much
Hare Krishna