

Saturday Morning SB class
Topic - Dealing with Duality of Material Nature
By Satyananda Pr

Notes -

* This wonderful section of jnayan yoga Krsna is explaining about the process of Deity worship and exchange of Deity worship through devotees. This has been increased so much faith when we are reading the Deity worship chapters. and it comes on dnyana we knows that jiva goswami gives reason told that devotees should learn to examine everything to be deeply.

💧 There is tendency to take the things cheaply and it is creepy and it's called sahajiyas and to eradicate sahajiyas tendencies that we keep telling, Talking about the vaishnavas, this person whom we are dealing with is vancha kalpataru and that knowledge brings soberness in our mentality. after Discussing the Deity worship. How we present our knowledge our bhakti is glorified in his practice and his exalted results.

🌸 How bhakti is easy to perform?

🌸 • Just like we hears the examples of prabhupada that how we explains about gold or diamond rings. That's ring is although valuable remains, so it's the velvet paper it's so much attractive in a box 📦 of ring. So similarly, when we presenting knowledge on here krsna is in beautifying and glorifying the result of practices of devotional service.

🌸 • One must know the duality is to learning the tattva of material nature.

🌸 • unless we understand where we are, we never understand where you were. 🌸 Just like google map never shows the destination unless google map knows the origin. Similarly, Krishna is clarifying where are you standing and what is the source and what are nature of that place. So, the great teacher knows very well how to teach his students.

🌸 So, One time hindi teacher came in class that she wants to teach the student that how should we not talk backbite and how should we teach students? teacher ask students apne kabhi chappal dekhi hai? students said yes. teacher said - chappal apke sath toh chalti hai lekin sath me kichad utha ti hai.

💧 so when before doing back biting we must be aware that when ever who see chappal than we must be aware that we must not speak bad about someone, kichad nahi uthana chaiye apne upar. Whenever they want to speak they should aware of that.

• krsna tells about duality is the first example he gives about tree how to deal with duality How our experience of good or bad behavior changes in this world are of 3 examples? - In this verse krsna says about -

🌸 1. Dream - how person receives in a dream that he receives 1 billion crore but in reality he doesn't have anything. in dream, he felt dejected. Many times I get a dream where I am missing my train 😊 train is gone. so this dreams always scares me and I woke up that I am still in mosquito net 😊😊😊

💧 Dreams absorbed in a reality although you are in sleeping conditions. Good and bad activities are there in the world that capacity are there to absorb us and it's forget the truth. we want to make a world as technological paradise without Lord and there is no need of duality. Everything is fine. But we can't remove duality from this material world. Many

person came here to remove this duality but nature has bounced backed 😊. so, it's impossible to make this world fully protected from non duality. Therefore, in bg krsna teaches Arjuna that to learn the nature of duality. unless you learn the nature of duality, it's very difficult to sustain in this world.

• matra sparshastu kaunteya - nature of duality or the experience you go through is like summer and winter, they come and go, anything in this world will come and go, this 21 days will come and go but how to make this is - by tolerance 😊.

Radhanath maharaj said in journey within - One day horse ran way to the forest and neighbor came oh how unlucky you are! Farmer said, good or bad, let's see. after few days neighbor broke one leg and he was asking good or bad?

🔥 Farmer thought and looking at the sky and said- actually, the sun in the sky lies behind the white cloud and black cloud. similarly, if we are grateful and faithfulness when we have hard time or difficult times and great time then we will receive the light of grace will shine upon us.

🔥 Whether it's hard time or great time, difficult time or galla time, Lord krsna teaches us a quality of tolerance.

🔥 Udhav gita asks Lord Krsna that what is happiness and Krsna is telling real happiness is transcending material happiness as unhappiness is happiness.

🔥 Who is learned person - wise man who liberated from bondage, not he who just to speak on scripture. learned person or wise person knows and he practices.

🔥 who is poor - one who is unsatisfied that person is poor person

🔥 what is tolerance - tolerance enduring unhappiness. This patiently enduring unhappiness. unhappiness we are experiencing inconvenience when executing the orders of scripture.

🔥 This is the inconvenience or austerity, to coming to mangal arti is difficult and it's inconvenience that you should tolerate and this is the way to learn to tolerate or learn the duality.

• vishvanath chakravarthy thakur says - learn to digest disrespect - this is the tolerance.

🔥 Devotees of the Lord can easily exhibit this quality. yo anta - 5.24 says that one who not disturb from the good and bad and he is always who rejoice within.

🔥 Following the laws of God is good thing and disobedience of God's law is bad thing when we want to make technological paradise without following God's laws than..

🔥 socially, we are unrest,

🔥 politically, we are exploited;

🔥 psychologically, we are disturbed.

🔥 economically, we are robbed.

🔥 ecologically, we are polluted and

🔥 spiritually, we are misguided. This are the outcomes of technologically paradise without following the God's law.

🔥 • when we follow laws of God - there is harmony, psychologically, we are stable, politically, we are protected. The system should give protection to the fearlessness to people. When there is God is in the center we experience fearlessness. Ecologically, we experience abundance. economically, we are contented and satisfied. and spiritually, we achieve perfection.

🔥 • Lord says in 3rd chapter - when I comes to world to create or set an example otherwise this world will get ruin that is the essence where each and every living being experience complete success which are essential for our life.

☀️ Lord sets an example to deal with duality. Lord follows the rules of the world. He doesn't over rule the world. We can connect to the Lord by following the path given by Lord.

☀️ When we are practicing KC, we must follow two category - devotee are bada chatur. devotees are very intelligent to follow the prescribed rules so that they can achieve their highest perfection. According to that they follows the rules of nature. so that world's needs are taken care and ultimate success can achieve. When he has to accept auspicious truth, he will accept and when he need to reject that he will reject.

🔥 shubh ashubh parityagi bhakti tyagi, bhakti marg samepriya - krsna talks the quality of devotees.

☀️ • Krsna talks about tapasya - anukulasya sankalpa, pratikulasya varjanam - this is the stage where the essence of Duality of tolerance and knowledge.

🔥 • Essence of knowledge is humility. How a devotees accept auspicious and inauspiciousness of their lives. whether it's easy or difficult it's not primarily important but we should ask the question that is it a right way to do. Therefore, to follow the right thing, we need discipline.

• There are easy thing and right thing. - when answer comes that I have to follow the right than the right thing is than you need is discipline - vyasyatmika bhudhi eka kuru nandana -

🔥 We should have desire to do right thing that we lacks in it. We know lack, but we always falls doing opposite.

🔥 3 obstacles while practicing spiritual life -

- laziness (spiritual complacency)
- Cowardliness
- Egotism

Radhanath Maharaj said many times this story of hawk 🦅 and fish. Similarly in our life as well when someone is only enjoying on shallow water and Doesn't go deeper into the spiritual practices and remains shallow in spiritual practices than he will get disturbed and tossed away by this material nature and he may gives up his practices.

🔥 But the fishes who dives deeper or the one who swims deeper than never has to face those challenges whether they getting disturbed by the onslaught of such hawks.

🔥 When the practitioners who practices the spiritual life deeper and deeper than he can protect himself from the material nature. Therefore, one must be very alert while practicing his spiritual life with proper discipline.

☀️ • Heart of tapasya - To develop humility.

☀️ • Dnyan - is the essential part to have real humility than we receive the mercy and blessing from Lord and devotees to deal with egotism. Egotism can be overcome only by the grace of Lord and devotees when they display this quality of humility.

🔥 A devotee always tries to develop the humility and they also knew that good situation is not really a good situation if it's devoid of krishna and the bad situation is not really bad if we remember Krsna. We may be lamenting in good situation, because we are not remembering Krsna in good situation. (ex- prahlad maharaj, kunti maharani, haridas thakur).

☀️ This is the quality of devotees who exhibit his quality while dealing with the duality of the world. This is the perfection of knowledge.

Thank you very much
Hare Krishna