

Gauranga Pr | 3 challenges in our spiritual life

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@chowpatty

Topic - 3 challenges in our spiritual life

By Gauranga Pr

Notes -

- **Purpose of krsna advent pastimes is to live in treasure house of nectar pastimes and to counteract the material existence which creates fatigue**
- In kaliyuga people are absorbed in dukha and shoka. And in order to give mercy and show compassion, krsna expands his pastimes which are extremely pious and increase his piety
- **Spiritual piety will increase by puniya sravanam kirtana by engaging ourselves in krsna consciousness and that is the foundation of spiritual piety and that foundation of desires to fructify and fulfil**
- Dnyana is knowledge and yogais perfection and bhakti is dependence oriented
- If krsna doesn't see that one is not sufficiently nothing except hear and chant then he is under doubt whether you are really dependence or pretend to dependence that being in bhakti and conscious of karma
- Yasmin satkarma piyushe - if this katha enters into devotees then glories of krsna pastimes are described as tirth varey built bridge to go to spiritual world from material world
- Our ears are like palms and that ears are contact with pastimes then it get purify our tendency to take credit and achievement and activities and being helplessly dependent on God
- Vrajavasis are being glorious not because they have ability because they have an attitude of helpless dependence.
- **Krsna is not searching for faults or fails but He is searching for how do I pass or deliver and his vision or glance is compassionate by nature and words are compassionate and activities are like valor and when krsna present his beautiful form in material world that make other people to please them in this material world**
- Krsna appears in this world are like ordinary human form but that extremely pleasing and one can enchanted and attracted to any limbs of krsna
- Sarva uttama naralila - among all other form, when he appears In the form of krsna is very beautiful
- When krsna appeared then parikshit maharaj attracted to hear childhood pastimes. Because one can connect with that form because majority of people in human form of life are in family and when krsna performs pastimes in family member then people can relate with it
- Among other all avtaras, whole idea is to attract our attention toward pastimes of krsna at vrindavan
- **Purpose of SB is to attract ourselves in the pastimes of krsna and someone who is advanced devotees this pastimes are nectarean and those who are sadhakas that is medicine and those who are material then they find this pastimes as entertaining**
- LCM when speaking to sanatana goswami in puri - that amongst all kinds of bhajan, nava vidha bhakti is perfect and out of all nava vidha bhakti, chanting of holy name without offences that is powerful of all.

- ***Niraapradha naama loile payi prema dhana - to chant this holy name without offences is the one of the powerful means to attract krsna. One is naam and 2nd is katha.***
- Purpose of hearing and chanting is to attracted and attached to the process of hearing and chanting and not to the person who is actually engaged in that process. If one becomes attached there is no problem but not at the cost of being attached to the process itself
- Krsna katha ruchi bada bhagyaone Anyone who desire to hear krsna katha is very fortunate - jahara krsna katha ruchi sei bhagyavaan - this is the real fortune of getting the desire and greed to hear krsna pastime.
- Mind has propensity of committing wrong things and soul has propensity of committing virtue and there is constant battle how to to engage soul in his nourishment and stop the mind in advertising tricks
- Therefore, ***deepest longing of the heart is not absence of agitation but the presense of absorption in this pastimes of lord and therefore first qualification of bhakti is to eagerness to hear***
- Lord can easily accessible just by hearing the pastimes of krsna and ***spiritual experience is consist of 3 things -***
 - ***selfless sacrifice,***
 - ***exceptional effort,*** pari - 360degree shrama means effort., parishram means one effort fail then you begins other efforts there is continuous and harmonious effort. Means by chanting one round of mantra one cannot focus on mind then go to the 2nd round then 3rd round, then again continue round and this process will end in few years and till the time of death one has to continuously make this effort
 - Spiritual experience will only manifest when one has willingness to take risk or to go out of comfort zone
- Brjvasis exemplifies this 3 principles of selfless sacrifice
- What stops us from having spiritual experience is the fear or fear of popular opinion, abilities and we need this 3 things to support our journey -
 - Philosophy
 - People are aorund us to support us
 - We need to practice in regular basis that we cannot experience transformation overnight and we need to create internal mindset to overcome challenges and this internal mindsets is described by rupa goswami at NOI meant for those neglectful, offensive and inattentive practice.
 - One of the utsaha-dhairyat then one cannot sustain,
 - If one has dhairayat and no utsaha then there is tendencies of becoming lazy
 - Therefore if you have utsaha and dhairayat then one must need nischaya which is the foundation which bindes utsaha and dhairyat
- In journey towards determinant practice,
 - first step mind will say I wont do it
 - and 2nd step - I will do it but I cannot do it
 - and 3rd step after that encouragement in that association then that spark comes that I will do it.
 - And 4th step mind does - how can I do it?
 - When you try little bit in the process then you get conviction of I can do it
 - And in this way you come in the stage of I will do it and enthusiasm move forward and if you are determinant like this then krsna reciprocate with you
- LCM wants to highlight RR that it doesn't depend on circumstance or profession but it is

depend on your will

- Krsna comes to show his pastimes to leave behind unlimited storehouse of nectar of krsna katha and by hearing this transformation happen.
- Because Bhakti is voluntary and spontaneous so things manifest in bhakti will also filled with spontaneity and uncertainty
- Gargamuni pr said What is the duty as a disciple . SP said duty of the guru is to serve krsna and duty of disciple to assist his guru in his service of krsna
- Foundation of entire iskcon is the books of SB, Cc, and then books of SP
- We put all the books together and cumulative sales of those books and profit of this SP books and was the foundation of how iskcon has spread everywhere
- As we begin 1st canto of SB verses by verses and the whole principles of chanting vers by verse began by SP in japan and by that time, you should chant the verse, you should memorize it. And next day first previous verse should chant and then next verse should chant and SP focused and sp wanted that chanting of SB and hearing of SB in a regular basis
- Parikshit maharaj expressed very clearly that ***if you want to genuine taste and faith in hearing then one must have the quality of gratitude and forgiveness***
- This SB cannot be processed of independent of attitude or values and this values are the foundation of hearing which actually impact us
- Parikshit maharaj - First he expressed gratitude to krsna that he protected my grandfathers and from all those who are like timingalasa and krsna actually saved my grandfathers and after I got attacked with brahmastra I m already killed but krsna cared for me. Krsna could protect me by his energy but krsna protected me personally by entering in my mother's womb.
- Krsna gave his sudarshan that is krsna's beautiful darshan and krsna protected my fallen body and krsna protected me not because I was great devotee but krsna loved my grandfathers like pandava seva and he remembered pandavas therefore could not forget the future generation of pandavas.
- When one connect with krsn, krsna cares not only about present, but also future
- Parikshit maharaj rather than feeling bitter but he is making that choice to remember with gratitude what krsna had done and simiallry, when we go through in those situation or experience which can potentially makes us bitter but purposefully decide to remain and maintain our consciousness sweet by remembering krsnas sweet reciprocation that creates the qualification in absorbing in studying SB
- In the beginning of SB where PM is expressing gratitude specifically to krsna and with time, we forget things, people, situation and circumstances and society has helped us in so many ways. Matah smritir nyanam apohanam - krsna gives remembrance and forgetfulness and we must pray that we are able to remember because we may be in crossroads in our life that we will have a choice to betray or bitter but you choose to be grateful and if you choose to be grateful then krsna provides more remembrance and inspiration to hear more and this is called taste
- ***Taste is not automatically flowing substance but this is must be purchased of moment to moment of conscious use of our choices and we must have to take the responsibility of experiencing taste in KC and we cannot just abandon that responsibility that krsna is not giving that taste and he will give taste when we follow in the footsteps of parikshit maharaj***
- When LCM embraces this governor and this governor not only I will chant but I want you to give me the service,
- SP said what are the symptoms of chanting. SP said, symptoms of chanting that you have got taste in chanting and that your devotional practices will be consistent and you will have eagerness to perform services and with the respect to sadachara one becomes free from

offensive mentality

- Two types of offenses - killing the cow is offenses and insulting the devotees or breaking the heart of devotees is also an offenses. One must be free from this 2 offenses
- 3 challenges in our spiritual life is w.r.t philosophy we have tendency to have doubts and w.r.t service we have a tendency to be inattentive and w.r.t dealing with other devotees, we have a tendency to be offensive
- We must be careful about apradas toward vaishnavas and inattentive in service and doubts w.r.t philosophies and LCM concerned was ones absorption will be revealed that one becomes free from offenses of internal offenses, unknowing offenses, inadvertent where offenses happen that are not planned and deliberate offenses
- Therefore, we must be careful of this offences and let us be absorb in this messages where our acharyas had given this wonderful subject matter
- Jiva goswami said, every verse of SB it can either be expanded just like a thread or completely rolled like a piece of cotton
- The way SP establishes iskcon is whether you are present or anyone present but radha gopinath will always be present and they will continue hear this pastimes and katha will overflow unlimitedly

Thank you very much
Hare Krsna