

BG Class 2020

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Topic - Understanding Bhagavad Gita in modern times

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Notes -

As you all know that the first verse was spoken that yada yada dharmasya - that everyone is looking for the purpose.

Some basic of understanding of bhagvad Gita is to -

- Establishing principles or dharma
- To know the Duties
- To know the Constitution of living entities

The dharma as many Connotation in sanskrit but basic principle of dharma is to find the purpose of life or meaning to our life.

🍁 • To look for why we exist in this material world

🍁 • Gita helps us to to lead a purposeful life

🍁 • When we hear the bhagvad gita that we can have understanding about how to find purpose

🍁 • Simon sinek is providing the why model that he elaborate in its says that - most of the organization works for outside in. but the most successful people starts from inside out approach. Many few peoples starts asking the question why am I in this world and what is the purpose of my life

Definition of person can be understand by 3 things -

1. thinking
2. action
3. communication

This is the person can be understand when we know the question from when we go from inside out.

🌸 For example - when I am in 12th, I made our life decision that what to become In our life and go to professional college, some of you go to medical college but hardly anyone has knew why they had choosen for this field to become engineer or doctor or any other field. But you will say I took admission for earning money. but money is another thing. Many times we achieve what we wanted but still we are not happy.

🌸 Leading a life, when we have purposeful life than it gives us happiness

🌸 • When we lead a life of achievements, there is no such end for achievement. if you lead a life of success than you have to know why and where we are leading?

🍁 Definition of achievement is -

- experience of emptiness, dissatisfaction and loss of meaning

Definition of success is - experience fullness, satisfaction, and meaningful life

- Many times we tell that we will achieve everything and than I will be seek

meaning later. Therefore, one famous person met my mentor asked that my life is like my ocean, ocean has water everywhere, there is no dirt, but I cannot drink that water. Similarly, I have everything but I can't enjoy.

🔥 But your life is like a well water. well water although in quantitatively very low but it can quench the thirst. So, you can experience the quench of thirst and similarly you quench the meaningful life.

🍁 when we lead a life in Achieving more and more than we will feel more upset and morose when time passes.

🍁 Compete with others -

When we live a life of achievement - when we live in a competitive level to achieve and data which I have that people spends \$3million dollars for life to evict stress due to comparing others?

🍁 Compete with oneself - one person always compete with himself to improve yourself.

Example - There were two Mason working in a construction 🧑🏰 and reporter thought to ask them question are they satisfied?

Reporter first when to → first person do you like this job? first person said, carrying the bricks are quiet hurting and till when I should able to do this job but I have to do this to earn money and he is working 🧑🏰

Reporter went to Second person said, I knew that this building is going to a temple of house and how long this building will be built and how long I would be. but I am happy to do this. I will do my best to work to build this building.

🍁 Many times some person are like first person that they always have many inconveniences and person who has life of purpose, a meaning. They can always feel satisfaction beyond inconvenience, failure and struggle.

🌿 One of my friend's sister. her son was a doctor and was diagnosing cancer to many patient and now her son was diagnosed Cancer and she wants welfare beyond her welfare. One after another she was getting reversals in life and she always seen <http://hopes.So>, cause beyond herself never empowered her from purpose and finally the son departed but still she can lead her life of purpose.

🍁 • If you have a cause to live meaningful in your life than we can find purpose in our life.

🍁 • BG teaches us to have inside -out from outside-in life. and It also teaches us that why we have to live for.

🍁 • just like BG spoken when arjuna was completely in a disturbed conditions. war means pain, reverses, inconveniences. Here, arjuna was accomplished as a warrior. You can compare arjuna as a topmost successful CEO . He has everything, every types of resources, Arjuna didn't knew what he has to do. He was unable to find and real purpose. why should I fight. He asked Krsna why should I fight? . One of the reason Arjuna gave Krsna is - If I am going to fight for kingdom than why should I fight for it, if I win this battle and even there is no one alive than what is the use of all this Achievement of things? O krsna please tell me the purpose why should I fight?

- 🍁 • First understanding is to lead a life of selflessness, that is the meaning of life. Without purpose of life or without cause that life is like an animal or it is a meaningless life
- 🌿 • Krsna says, what is dharma? BG helps us to lead a meaningful life. when we get ultimate purpose and understanding of life we always look that how I am near to my purpose.
- 🍁 We don't look for achievement, but purposeful life
- 🌿 • Just like many times we say hum honge kamyab ekdin we can't wait for one day. we must kamyab hardin. Whenever you gets up we must know that we will achieve or lead a purpose everyday (hardin). This wisdom BG teaches us to become successful everyday.
- 🍁 • BG is timeless wisdom helps us to achieve our real purpose of life.
- 🌿 • Unless you develop some faith than what Vedic science follows after that many can't able to digest.
- 🍁 Vedic Science is not talking principle blindly. it's helps us to live a meaningful life.
- 🌿 • Adam alter said, that how today's technology gives rise to an addictive to technology.
- 🍁 • People are very much addictive in technologies and when we live a technological paradise that we are making a life of distress.
- 🌿 • Now a days, many of this technologies may be you are enjoying but what happens when we are more enjoying this addictives?
- 🌿 • Material Things can give rise of another problem in the cost of another material solution.
- 🌿 • But Vedas makes our life to give understanding about long term benefits, not temporary pleasures which causes problems to one another.
- 🍁 • Having a IQ and EQ in the life still people are not happy. This is called successful Malpotent, person has everything in his life - but still that person is not feeling satisfied.
- 🌿 • That many psychology came to another understanding that people are looking for the purpose and meaningful in life and that is SQ (spiritual quotient)
- 🕯️ • Higher SQ is person feels more happiness and purposeful life. To understand BG we should have right kind of SQ (spiritual quotient) or what type of consciousness you have then only u can able to understand the purpose of life.
- 🌿 • If any person have already have a purpose in their lives than they can easily understand Bhagvad gita in Life.
- 🌿 • Vedas is like consciousness specific matters. what approach you have that will reveal you. If you have right approachment than you can able to understand Vedas.
- 🌿 • When you have right approachment than only you can understand Bhagavad Gita.

Thank you very much
Hare Krishna