**this issue**The Nature of the Soul **P.1**The Soul is an Individual **P.2**The Soul is Sat-Cit-Ananda **P.3**The Soul changes the bodies **P.4**Size of the Soul **P.4**Vaishnava Calendar **P.5****Panchatatva Mantra**

jaya sri-krishna-chaitanya  
prabhu nityananda  
sri-adwaita gadadhara  
shrivasadi-gaura-bhakta-vrinda

“I offer my respectful

obeisances unto Sri Caitanya

Mahaprabhu, Lord

Nityananda, Sri Advaita,

Gadadhara Pandit, Srivas

Thakur, and all the devotees  
of Lord Caitanya”.

**Maha Mantra**

**Hare Krishna  
Hare Krishna  
Krishna Krishna  
Hare Hare**

**Hare Rama  
Hare Rama  
Rama Rama  
Hare Hare**

**Chant Hare  
Krishna Mantra  
and be happy...**

**The Nature of the Soul**

Hare Krishna Friends,

Please accept our respectful obeisance!

The existence of Spirit Soul has been proven scientifically by various experiments. To further our progress in the Spirit Soul platform, we need to understand the Nature of the Soul.

In the field of Science, scientists always determine the physical and chemical properties of any substance discovered newly. Similarly, if we want to understand further about the Spirit Soul, we need to understand the basic properties of a soul.

The very first and the basic property is, the Soul cannot be cut into pieces by any weapon, it cannot be burnt by fire, it is not dried up by the wind, nor can it be moistened by water or any solution. The proof of this property of the soul can be got from the Bhagavad Gita 2.23



***nainam chindanti sastrani nainam dahati pavakah  
na cainam kledayanty apo na sosayati marutah***

“The soul can never be cut to pieces by any weapon, nor burned by fire, nor moistened by water, nor withered by the wind”

We have seen that even the most powerful structures in the universe, over a period of time, gets destroyed or withers away. Either weapon destroys it, or fire burns it to ashes or it withers due to exposure to sun, rain and wind. Everything disintegrates. All the great empires built by solid stones, simply today are in a dilapidated state, but the Soul is indestructible.

## The Soul is an Individual

Each soul is a separate individual with separate consciousness. A person is aware of his body, his mind, intelligence, but he cannot perceive the headache in another person's head or even what he is thinking. The proof of this is again present in the Bhagavad Gita 2.12.

***na tv evaham jatu nasam na tvam neme janadhipah  
na caiva na bhavisyamah sarve vayam atah param***

### Krishna says in Bhagavad-Gita

Oh Arjuna! There was never a time that I did not exist nor you, nor all the kings who were there in the battlefield of kurukshetra, nor in the future shall we ever cease to be.

That means all of us continuously, eternally continue to exist. The body may perish but soul will not. And separately they will live eternally as individual, even after liberation, they continue to remain individual. Because soul is an individual entity, and it retains its individuality.

## The Soul has a form of Eternity (sat) - Knowledge (cit) - Bliss (ananda)

The soul is the beautiful personality and has a body made up of Sat Cit Ananda. Sat means eternal, Cit means full of knowledge and Ananda means full of bliss. The soul is the beautiful personality and has a body made up of Sat Cit Ananda. Sat means eternal, Cit means full of knowledge and Ananda means full of bliss. Ananda.

***na jayate mriyate va kadacin nayam bhutva bhavita va na bhuyah  
ajo nityah sasvato 'yam purano na hanyate hanyamane sarire(2.20)***

The soul is never born, the soul never dies, never was there a time, when the soul does not exist, is not existing, and will not exist. It is unborn, eternal, ever lasting, primeval, when the body is killed, the soul never gets killed. So when the soul identifies itself with the body thinking that I am Suresh, Mahesh, Dinesh, I am an Indian, whatever it is, and wants to make the body which is asat into sat, then all the problems begin. This is Sat – Eternity.

### What is Cit?

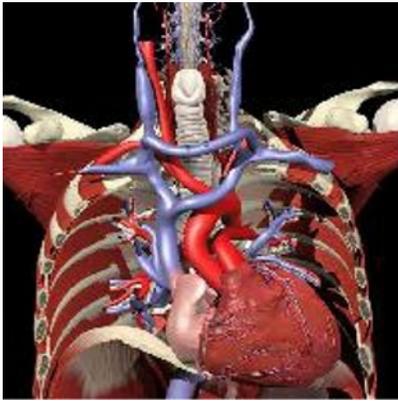
Why do we feel that we are not going to die, because actually we don't. The soul is cit, full of knowledge, it is a fact. We can observe this even among children. When they hear about Ramayana or Mahabharata stories or watch the same on Television, they sometimes enact these plays. While playing with bow and arrows, they say I am Rama, I am Arjuna and make the other person Ravana or Duryodhana. How do they know who is right and who is wrong? It's a natural tendency. But today all this is unfortunately concealed in the name of education. Otherwise the nature of the soul is it is knowledgeable. That should be the purpose of the education, to bring out that which is concealed and covered, the knowledge which is already there. This is the reason it is called self-realization. You have the wealth, you have to realize what you have. It's not called self understanding or self intellectual, it is called realization, the knowledge is there within but you have to put yourself in an environment where the natural propensity of the soul will manifest. This is Cit - Knowledge



## Let us now understand Ananda

We all always wish to be happy. Why none of us wish to be unhappy? Why are all of us looking for happiness? Because the nature of the soul is blissful, but when we think that we are body and we look for happiness in the bodily platform, then we look for sense gratification. The eyes look for something nice to see, the ears will seek out some thing else. But nobody realizes that the soul is still thirsty. Real Ananda is only when the soul is satisfied. Simply satisfying the senses and looking for Ananda is a waste of time. The real Ananda is for the soul. The soul is Sat Cit Ananda. It is eternal, fully cognizant or knowledgeable and blissful. The body is just the opposite. Asat, Acit and Nirananda. The body is bound to die, so Asat. Acit, no knowledge, one may gain a Ph.D in this birth, but in the next life, will have to begin from scratch, with ABCD again. We can't say last time I did PhD now I will do double PhD. The moment you are born, it is a new slate. You have to begin from square one. And the body is a source of Nirananda. It is a place of misery, it grows old, it is affected by diseases, and finally it will die. Now, we may wonder where is this soul present in this body? Is it present in the ears, nose, eyes etc.

## The Soul is situated in the region of the heart



The soul pervades the body with consciousness just as a lamp fills a room with light. The lamp that gives light to the entire room may be in a corner of the room. Similarly, the soul is situated in the region of the heart. During heart transplantation, the soul is not removed just like when the stephney or the radiator of the car is changed, there is no reaction to the driver.

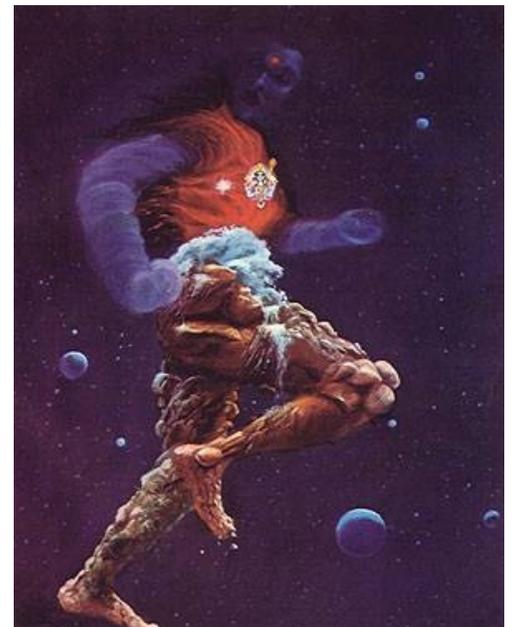
Similarly our heart, which is like the radiator pumping blood, when replaced does not affect the soul. There is no change in the behaviour of a person after a heart transplant, since the soul does not change.

Only the refined intelligent person can understand the soul. People with dull intelligence cannot understand this. Pranai chittam, the soul is situated in the region of the heart. When you love someone, you say I love you touching your heart, you don't say the same by touching your head. When someone is in love, do they show their heart or brain or intestine? It is showing that I am here, and you are also here, you have a very close place for me. This is very much intuitive. This means that everything is present, but we are so dull that we don't realize. Nature is designed in such a way that if you deeply introspect, nature will reveal the message of god in every element of creation. But we have become so dull, busy, in eating, mating, sleeping, and defending that we don't see the beautiful miracles, the messages that are sent by god. When the heart stops its beatings, life stops. All through our life the heart beats.

For any instrument to work, we need to charge it, but, do we put our heart to charge by connecting it to any plug point? Then how does the heart beat? Now scientists may say some chemicals and all, but let them put all the chemicals whatever they want together, can they then make a dead heart work? They can't. Any amount of chemicals or electricity given to a dead heart cannot make it beat again, and bring back a person to life. If you are simply chemicals, then introduce the chemicals and make him alive! Because the actual personality has walked away, the person has gone, the heart has stopped beating. So who or what is it that makes this heart beat?

It is the soul. The soul charges the body. We can see the same defined in the Bhagavad Gita,

**dehino 'smin yatha dehe kaumaram yauvanam jara  
tatha dehantara-praptir dhiras tatra na muhyati(2.13)**





## The Soul changes the bodies

dehinaha asmin yatha dehe, this body is called deha and the resident of the body is called dehi, dehinaha asmin yatha dehe, in this body, the soul is present, but the body is changing, forget about death and going to next body, within this body, we are changing our body every few years. Kaumaram, we were all young children, weighing few pounds, then we became boys/girls, then we become adults, then we grow old and die. Medical science has confirmed that every seven years, not even one cell of the body remains the same. Every seven years, we will have a new model. But somehow we don't realize it but friends and relatives come and they say, you have grown so big! But we don't feel like that, because we the soul are the same, but the body is changing. Its growing. In the beginning, during the youthful stage, the growth rate is faster, and the decay rate is less because it's a new model, but afterwards, the repairs are more and the maintenance is less. Initially the growth of cells will be more because it is a fresh body, and the decay is also less. At middle age, the growth and decay rate is the same and therefore there is stability. But as we grow older, the decay rate will be faster and the growth rate is less

And therefore if old people suffer fractures, it is very difficult to repair it, but young children, every few days, they have wounds here and there, and it will be just alright. The body is always changing, the body is growing, but we don't feel that, because we don't change, the real self, the soul does not change. When you have a car, and when the car becomes old and useless, then you think of disposing the car and buying a new model, if you have a 1902 model and in 1999 it is very old, then you will dispose it and buy 2000 model. Similarly, when this body becomes totally useless, the soul will decide, this is very old, and so it gives up this body and takes up a new body.

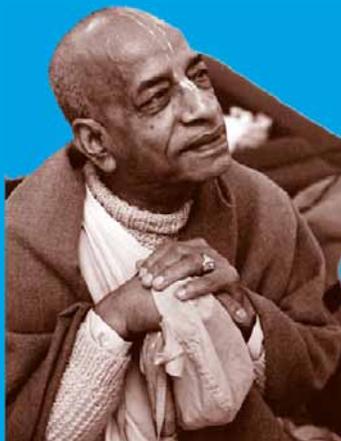
## Size of the Soul

It is infinitely small. You may wonder, we have powerful microscope, can we see the soul? Actually it is very very small. How small? The Upanishads describe this to us, just pullout one hair and the tip of the hair, kasha agra, that tip you divide into 100 pieces, and take one piece, and divide that into 100 pieces again, take one piece now and that is the size of soul.  $1/10000$ th tip of the hair is the size of the soul. If you imagine the tip of the hair cut into 10000 pieces, and if you can imagine what could be the size of 1 piece, then that is the size of the soul. The size of the soul in bacteria or a virus is the same as the size of the soul in an elephant, giraffe, or human being. It is not that elephant has a big soul and snake has a long soul. No the soul size is the same whether you are a wrestler or you are a feather weight person. The soul is the same  $1/10000$ th of the tip of a hair. Just imagine how powerful the soul is, it is so small, but an elephant is moving. And if the soul is not present, it takes 4 men to carry this body. That is the power of the soul.

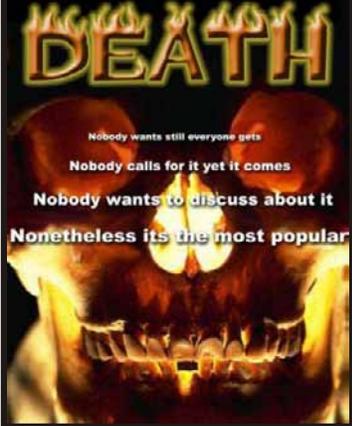
## Srila Prabhupada Speaks out

### Transformations

The body is subjected to six kinds of transformations. It takes its birth from the womb of the mother's body, remains for some time, grows, produces some effects, gradually dwindles, and at last vanishes into oblivion. The soul, however, does not go through such changes. The soul is not born, but, because he takes on a material body, the body takes its birth. The soul does not die. Anything which has birth also has



Death. And because the soul has no birth, he therefore has no past, present or future. He is eternal, ever-existing, and primeval - that is, there is no trace in history of his coming into being. Under the impression of the body, we seek the history of birth etc., of the soul. The soul does not at any time become old, as the body does. The so-called old man, therefore, feels himself to be in the same spirit as in his childhood or youth. The changes of the body do not affect the soul.



## Vaishnava SMS

The modern western worldview see this world as a Hotel, whereas the ancient vedic worldview sees it as a Hospital. In a hotel, we command, in a hospital, we cooperate. In a hotel, we expect enjoyment, in a hospital we expect treatment. Understand the difference and respect vedic culture.

## Vaishnava Calendar

- 21 April 2009 : Fasting for Varuthini Ekadasi  
22 April 2009 : Dvadasi Break fast 06:04 - 10:13
- 6 May 2009 : Fasting for Mohini Ekadasi  
7 May 2009 : Dvadasi Break fast 05:57 - 09:05
- 8 May 2009 : Nrsimha Caturdasi: Appearance of Lord Nrsimhadeva  
(Fasting till dusk)
- 20 May 2009 : Fasting for Aparajita Ekadasi  
21 May 2009 : Dvadasi Break fast 08:30 - 10:09
- 3 June 2009 : Fasting for Pandava Nirjala Ekadasi  
(Total fast, even from water, if you have broken Ekadasi)  
4 June 2009 : Dvadasi Break fast 05:53 - 10:10

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