

# are you centrifugal or centripetal?

All of us have two conflicting forces within our psyche – a centrifugal force that directs our quest for enjoyment outwards to the endless parade of sense objects and a centripetal force that

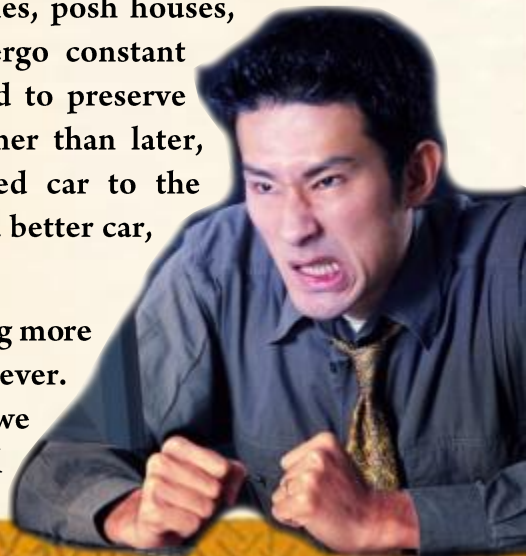
directs us inwards to the all-attractive reservoir of all pleasure, God, Krishna, residing in our own hearts. In most people the centrifugal force is so overwhelmingly powerful that their centripetal force becomes almost non-perceivable.



Our society - culture, media, billboards - continuously adds vectors to the centrifugal force already raging within us. The net result of a centrifugal lifestyle is anxiety and misery. When we feel our happiness and our very self-worth dependent on externals like

fashionable clothes, jazzy mobiles, posh houses, trendy cars, etc, then we undergo constant anxiety to get what we lack and to preserve what we have. And sooner rather than later, when either we lose our prized car to the mortgage or our colleague gets a better car, we burn in misery.

Will we become happy by earning more and accumulating more? Never. Because, no matter how much we have, the centrifugal force will keep dragging us outwards to



get still more. To find satisfaction, we need to change our lifestyle from centrifugal to centripetal. The first step is to meet centripetally-oriented scientists – spiritual activists devoted to the service of God and the welfare of humanity - and to see for ourselves how less is more; the less they are externally distracted, the more they are internally fulfilled. They will offer us the first centripetal push. The most sustainable centripetal propeller for our steady inner journey is the holy name like the Hare Krishna maha-mantra. The



holy name not only effectively counters the centrifugal passions, but also efficaciously kindles our dormant zeal for centripetal research. This centripetal research culminates in the greatest discovery of our lives – the discovery of Krishna, the source of all happiness. And then we won't need to demand the Nobel Prize to reassure ourselves of our success – for that will be another centrifugal illusion. Instead we will nobly share our prize with everyone by inspiring and guiding them to become centripetal millionaires.

