

# VOICE OF COWS NEWSLETTER



**BHAKTIVEDANTA SWAMI  
GOSHALA ISKCON VRINDAVAN**



The Founder-Acharya of International Society For Krishna Consciousness His Divine Grace A.C. Bhaktivedanta Swami Prabhupada

## Dangerous Chemicals in Meat

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## Newsletter Spotlight

April 2010 Volume 1 Issue 7

Numerous other potentially hazardous chemicals, of which consumers are generally unaware, are present in meat and meat products. In their book *Poisons in Your Body*, Gary and Steven Null give us an inside look at the latest gimmicks used in the corporate-owned animal factories. "The animals are kept alive and fattened by the continuous administration of tranquilizers, hormones, antibiotics, and 2,700 other drugs," they write.

"The process starts even before birth and continues long after death. Although these drugs will still be present in the meat when you eat it, the law does not require that they be listed on the package."

One of these chemicals is diethylstilbestrol (DES), a growth hormone that has been used in the U.S. for the last twenty years despite studies that have shown it to be carcinogenic. Banned as a serious health hazard in thirty two countries, it continues to be used by the U.S. meat industry, possibly because the FDA estimates it saves meat producers more than \$500 million annually.

Another popular growth stimulant is arsenic. In 1972 this well-known poison was found by the U.S. Department of Agriculture (USDA) to exceed the legal limit in fifteen percent of the nation's poultry. ("Arsenic in Chicken Liver to Be Reviewed by Agency," *Wall Street Journal*, Jan. 13, 1972.)

Sodium nitrate and sodium nitrite, chemicals used as preservatives to slow down putrefaction in cured meat and meat products, including ham, bacon, bologna, salami, frankfurters, and fish, also endanger health. These chemicals give meat its bright-red appearance by reacting with pigments in the blood and muscle. Without them, the natural gray-brown color of dead meat would turn off many prospective consumers.



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The cow is meant to deliver milk, and the bull is meant to produce grains.

### Quote from scripture

**it is the duty of every householder to have cows and bulls as household paraphernalia**

**SB 1.17.3 Purport**

### Is this advancement?

**A study published in *Plant Foods for Human Nutrition* reveals that an acre of grains produces five times more protein than an acre of pasture set aside for meat production.**

Unfortunately, these chemicals do not distinguish between the blood of a corpse and the blood of a living human, and many persons accidentally subjected to excessive amounts have died of poisoning. Even smaller quantities can prove hazardous, especially for young children or babies, and therefore the United Nations' joint FAO/ WHO Expert Committee on Food Additives warned, "Nitrate should on no account be added to baby food." A. J. Lehman of the FDA pointed out that "only a small margin of safety exists between the amount of nitrate that is safe and that which may be dangerous."

Because of the filthy, overcrowded conditions forced upon animals by the livestock industry, vast amounts of antibiotics must be used. But such rampant use of antibiotics naturally creates antibiotic-resistant bacteria that are passed on to those who eat the meat. The FDA estimates that penicillin and tetracycline save the meat industry \$1.9 billion a year, giving them sufficient reason to overlook the potential health hazards.

The trauma of being slaughtered also adds "pain poisons" (such as powerful stimulants) into the meat. These join with uneliminated wastes in the animal's blood, such as urea and uric acid, to further contaminate the flesh the consumers eat.

## Calf Visnupriya -Adoption of the month -Gaurangi from Mumbai 2



A beautiful festival day in Sri Sri Krishna-Balaram Mandir, Today deities came out and visited departments, from Goshala our dear bulls, Govind and Vitthal are present to greet Their Lordships.



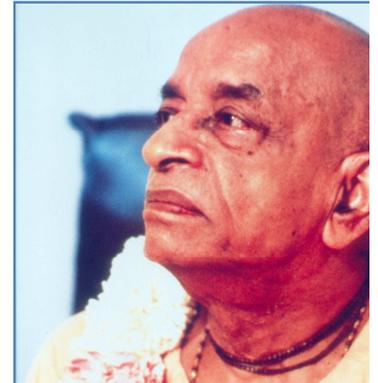
## New Born in our Goshala



## Back to Vrindavan village

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In the Bhagavad-gītā (18.44), it is said that the vaiśyas are meant to deal in agriculture, cow protection and trade. In the age of Kali, the degraded vaiśyas, the mercantile men, are engaged in supplying cows to slaughterhouses. The kṣatriyas are meant to protect the citizens of the state, whereas the vaiśyas are meant to protect the cows and bulls and utilize them to produce grains and milk. The cow is meant to deliver milk, and the bull is meant to produce grains. But in the age of Kali, the śūdra class of men are in the posts of administrators, and the cows and bulls, or the mothers and the fathers, unprotected by the vaiśyas, are subjected to the slaughterhouses organized by the śūdra administrators.



SB 1.17.1 Purport

The **Bhaktivedanta Swami Goshala** maintains more than 366 cows, bulls and calves. Sponsor Krishna's cows in Sri Vrindavan Dhama and obtain boundless mercy!

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