

BADRINATH

JOSHIMATH

The name *joshimathor jyotirmath* means "monastery of light." When Badrinath closes during the winter, the priests from the Badrinath Temple come to Joshimath and continue their puja worship at the Narasimha Temple. The *utsava-murti* of Badri Vishal is brought to Pandukeswar for worship. There is also the ancient Vasudeva Temple, which is dedicated to Lord Krishna.

One of the four main Sankaracharyamaths is located here. It is said that Adi Sankaracharya meditated in a cave here under the **Kalpavrikshatree** (Shahtoot/Mulberry).

In the lower part of the town is the **Gauri Shankar Siva and Nava Durgatemples**.

Tapovan, 11km north of Joshimath along the Curzon Trail, is known for its hot springs.

Practicalities

Joshimath is between Rishikesh (11 hr) and Badrinath (2¹/₂ hr, 44km). There is a good chance that you will have to stop here for the night on the way to Badrinath.

a) Narasimhadeva Temple



In this temple is a Deity of Lord Narasimha, which is self-manifested from a *shaligram-shila*. He is about 25cm (10 in) high and remarkably detailed, sitting in a lotus position. To the right of Lord Narasimha are Sita, Rama, Hanuman, and Garuda. Against the left wall is a deity of Chandika, which is another name for Kali.

On the altar to the right of Lord Narasimha are deities of Kubera, Uddhava, and Badri Vishal. There is an altar for Lakshmi Devi just outside the door of the temple.

Sankaracharya is said to have installed this Narasimha Shaligram. The left wrist of Narasimha is incredibly thin and gets thinner every day. It is said that when Kali-yuga overtakes the world, the wrist (arm) will break and the mountains Jaya and Vijaya (near Vishnu Prayag) will collapse and block the present road to Badrinath. The new Badrinath will be relocated at Bhavisiya Badri, about 23km southeast of Joshimath.

If you want to get a good view of Lord Narasimhadeva's wrist you can come when he is bathed between 7.30 and 8.30 am in the morning.

This temple is said to be over 1,200 years old. It is open from 5 am to 8.30 pm.

This temple and the Vasudeva Temple, just 10m away, are located in the bottom part of the town, about a three minute walk from the Kedar.

b) Vasudeva Temple

This temple is one of the 108 Divya Desams, recognized by the Tamil Nadu Vaishnava saints as being very important Vishnu temples. The black carved stone Deity of Lord Vasudeva is about 2m (6 ft) tall. He stands with his associates Sri, Bhu, Nila, and Kama. This temple is about 30m from the Narasimhadeva Temple. To the left of the main entrance is a deity of dancing Ganesh, which is said to be one of only two such deities in India. This temple is very ancient, and no one knows exactly how old it is.

c) Sankaracharya Math

This temple is located on the ridge above the upper part of the town. If you enter the temple and follow the signs to your left, you come to the cave where Sankaracharya is said to have meditated. This is where he got his realizations to write and defeat Buddhism and reestablish Vedic authority.

If you go up the steps to the right of the temple entrance (before entering the temple complex), you come to the Kalpavriksha tree, where Sankaracharya is said to have attained self-realization. This 38m (125 ft) tall tree has a huge trunk and is said to be more than 2,400 years old. This is so big that the hollows in the trunk are large enough that a person could stay in them.

Sankaracharya wrote the *Sankara Bhasya* in Joshimath.

Places Between Joshimath & Badrinath

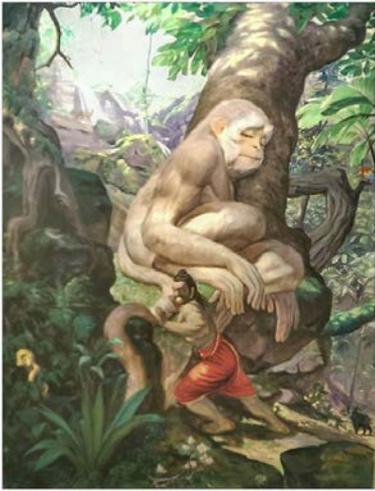
The drive takes between 2½ to 3 hours to go about 44km. **Vishnuprayag**, 10km past Joshimath, is where the Alakananda and Dhaulti Ganga rivers join together. Ten km further is Govind Ghat, which is where the treks to the Valley of Flowers and Sri Hemkund Sahib begin.

Pandukeswar is 4km further up the road. This town is the site of the **Yogadhyan Badri Temple**, one of the five Badri temples. The *utsava-murti* of Badri Vishal is brought here from Badrinath during the six winter months, from November to May. King Pandu had lived here with Kunti and Madri and the Pandavas were said to be born here. As there are five Kedars, so there are five Badris. Pandukeswar is one of the Badris (Yogadhyan Badri).

Hanuman Chatti is 9km further up the road. It is said that Bhimasena and Hanuman tested each other's strength in the Gandhamadhana Hills and realized that they were both sons of Vayu and therefore brothers. There is a story of how this town got this name. Bhima was traveling on the road here, when he came upon an old monkey lying in his way. Bhima requested the monkey to move his tail, which was blocking his path. The monkey replied that he was very old and had no strength to personally move his tail, but welcomed Bhima to try to move it. After repeated attempts to move the tail, the powerful Bhima became humbled and gave up. The monkey then revealed himself as Hanuman.

There are two Hanuman Chattis, this one and another one by Yamunotri.



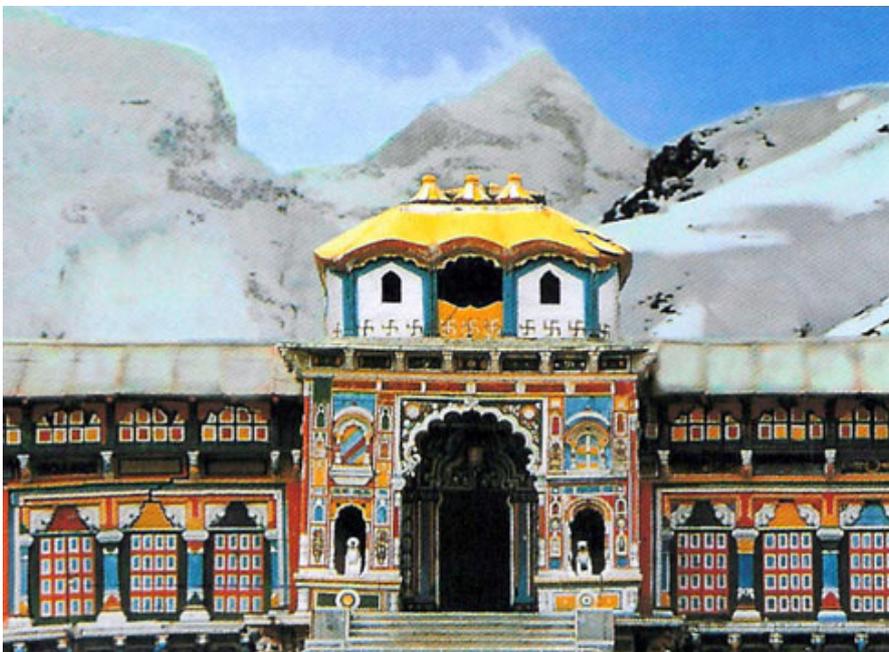


This Hanuman Chatti is 27km from Badrinath and 9km from Pandukeshwar. This area is also noted for being where Hanuman meditated and pleased Lord Badrinath.

BADRINATH (BADRIK-ASHRAM, TIRUVADARIASHRAMA)

Badrinath is the abode of the Nara-Narayana sages and is a great place of pilgrimage. According to the *SrimadBhagavatam*, even five thousand years ago this holy place was being visited, by such holy persons as Uddhava, and even at that time the place was known to be very old. It is one of the eight self-manifested

holy *tirthas* in India (SvayamVyaktaKshetras).



There are *four dhamas* which represent the planets of the spiritual sky, consisting of the *brahmajyoti* and the Vaikunthas. These are Badrinath, Rameswaram, Jagannath Puri, and Dwarka. Faithful pilgrims visit all these holy places for perfection of spiritual realization. Badrinath is a very important pilgrimage place and is very dear to Lord Krishna. Badri is the name of the Ilandai tree, which is a favorite of Maha-Lakshmi.

Scriptural References

A statement from the *SrimadBhagavatam*(3.4.22) is: "There in Badrikashram the Personality of Godhead, in his incarnation as the sages Nara and Narayana, had been undergoing great penance since time immemorial for the welfare of all living entities."

The *SkandaPurana* says: "There are several sacred shrines in heaven, on earth, and in hell; but there is no shrine like Badrinath."

Badrinath is also called "Narada Kshetram" since Narada Muni attained liberation here in five days. Gautama Rishi, Kapila, and Kasyapa are said to have come here, and Sankaracharya established a temple here. Sankaracharya visited here some 1,225 years ago; Ramanujacharya visited 955 years ago; and Madhvacharya visited twice about 735 years ago.

During the season; about 250,000 pilgrims visit Badrinath. Pilgrims chant "Bolo Badri Vishal ki jai" and "Bolo Badri Narayana ki jai."

Badrinath is on a small plateau between Narayana Parvat mountain and the Alakananda River. The Nara and Narayana peaks tower over Badrinath. The fantastic Neelkantha Mountain is 6,560m. Badrinath is located 301 km north of Rishikesh. From Gaurikund (near Kedarnath) to Badrinath by road is 233 km.

a) Badrinath Temple

The temple of Badrinath is located across the Alakananda River. We can easily see the temple from some distance away. After crossing the bridge over the Alakananda River, we walk up the steps toward the temple. This temple is full of ancient stone carvings. The *murti* of Lord Badrinath is self-manifested from a 213m (2 ft) high black *shaligram-shila*. He is also called Badri Vishal or Badrinarayana. His details are not very distinct due to weathering, since he was thrown into Narada Kund for several years. The canopy over the Deities is covered with a sheet of pure gold. When Buddhism was in its prime, the deity somehow was neglected and thrown into Narada Kund where He stayed for several years. Later it was again installed by Sankaracharya, who recovered the Deity from Narada Kund.

Darshan

Lord Badrinath is sitting meditating in the *padmasana* (lotus yogic posture). As you look at the Deities, standing to the right side of Badrinarayana is Uddhava. To the far right side are Nara and Narayana. Narada Muni is kneeling in front on the right side and is difficult to see. On the left side are Kubera, the god of wealth, and a silver Ganesh. Garuda is kneeling in front, to the left of Badrinarayana.

Within the temple enclosure, to the left of the main temple building, is a separate shrine dedicated to Lakshmi Devi and the Gaddi (sitting place) of Adi Sankaracharya, just outside the exit door of the temple. The Lakshmi Temple is painted red in front. The temple dedicated to Sankaracharya is said to mark his sitting place while he was in Badrinath.

Timings

Badrinath stays closed 6 months a year from Deepavali all the way until the full moon day in the month of Chittirai (late spring in the Himalayas). The temple is open six months of the year, May to October. The priests of the temple perform their worship puja in Joshimath, 50km south, the rest of the



year. Before they close the temple in November, they perform one last *puja* and leave the ghee lamps in the temple lit. Six months later, in the month of May, they return to open the temple and find the ghee lamps still lit. It is said that the great sage Narada Muni along with other demigods came during the winter months to carry on the worship.

The temple priests are Nambudiri *Brahmins* from Kerala.

The **Nirmalya** darshan of Badarinarayana in the early morning is the most auspicious time to view the Deity. The present temple is about 400 years old. The temple is open from 6.30 am to 1 pm and 4 pm to 9 pm. Waiting time to enter the temple in the afternoon is a half hour or more. If you come in the morning, you can expect to wait an hour to enter the temple.

It is possible for several people to view the Deities at one time.

Story

The tradition of this temple is explained as follows: Since the history of this temple is so old, the only way we can understand how it came to be is by the explanations in the *Puranas*. In Satya-yuga, the Lord lived at Badarikashrama (Badrinatha) in a visible form. In Treta-yuga, the sages saw the Lord through the practice of yoga. Then during the age of Dvapara-yuga, it became difficult even for the sages to see the Lord. So then the sages and even the demigods prayed to the Lord, "You are our only supporter, please do not leave this place and ourselves."

Being pleased by their devotion, the Supreme said, "My dear ones and saints! After some time Kali-yuga will start. People in that age will be full of sins, wickedness, pride, and without any pious action. So I cannot stay in a visible form before them. But here under Narada Shila in the Alaknanda, there is a divine image of mine, which you may take and establish. If one sees that image, he will get the same reward of seeing me in visible form."

After that, Brahma and the other gods took that image out of the Narada Kund and asked Visvakarma, the architect of the gods, to build a temple, after which they established the deity there. Narada Muni was made their official priest, and a rule was made that the deity would be worshiped for six months by human beings, and the other six months by the gods. And this rule is still followed to this day.

In the **Skanda Purana** another story is told relating how the deity of Badrivishal was established. Therein it is explained that Lord Shankar (Shiva) told his son Skanda that in Kali-yuga, he would personally come in form of a saint & take the deity out from Narada Kund and install it. And by seeing the deity, all the sins of a person will be removed in a moment, just as the herd of elephants run away by seeing a lion. Accordingly Lord Shankara took birth as Shankaracharya and established the deity of Sri Badrinathji for the general good of all people.

How this happened is further related. At the tender age of twelve, Shankaracharya went to Badarikashrama after a hard three months of travel up into the mountains with his pupils. He took bath in the hot springs of Taptakund and went into the temple, but the four-armed form of Narayana that had been established by the rishis in Satya-yuga was not there. In its place was a *shalagram-shila* stone, which is considered the same as the Lord. But Shankaracharya went outside the temple with a heavy heart, followed by the temple priests. He asked them, "Why is the temple without Narayana's form? I have heard that the Lord resides here in this pious place for the last four yugas."

The priests replied, "Because of the tyranny of Chinese robbers, our ancestors hid that form of the Lord in the nearby **kund**. But after that it was difficult to find. So from that time on we have allowed the *shalagram-shila* to reside on the altar." So Shankaracharya asked them if the form of the Lord could be found, would they install

it and worship it in the temple. The priests all agreed.

Shankaracharya then stepped down to the *kunda* and meditated, and then went into the water. The priests asked him not to go since there was a current below in which many people had lost their lives. But Shankaracharya did not listen. He went deep into the *kunda* and pulled out a deity of Lord Narayana to everyone's astonishment. But the fingers on the right hand of the deity were broken, so he went back in and pulled out another deity, but the same fingers were broken. Then he did that a third time and became perplexed until a voice told him, "Shankara, you need not be confused. In this Kali-yuga, only this broken form will be worshiped." So in this way, Shankaracharya came out of the water with the deity and installed it in the temple. He established one of his disciples, a Nambudri Brahmana, for doing the worship. In this way, the deity and the temple worship were reestablished by Sri Shankaracharya. Today, people of all races, creeds, religions, and communities go there with respect to see the deity of Lord Narayana called as Lord Badrivishal.

b) Other Places around Badrivishal Temple

Near the temple are a number of *kunds* filled with hot sulfur water. Pilgrims bathe in the *kunds* before taking darshan in the temple. Each hot spring is a different temperature and some are very very hot.

Before entering the temple it is customary for one to bathe in **Tapta Kund**, which is a hot water tank at the base of the temple steps near the river. The temperature is around 45°C (115°F).



Narada Kund is where Adi Sankaracharya recovered the *murti* of Sri Badri Vishal. It is a small *kunda* a few feet from the Alakananda River, on the temple side of the Alakananda.

PanchShilas-Narada, Narasimha, Varaha, Garuda, and Markandeya are located by Tapta Kund. These are large rocks near the river.

If you climb 200m (650 ft) you can visit the place called Deva Darshini. From here it is said the demigods come to have *darshan* of the holy town of Badrinath.

About 100m north of the Badrinath Temple, on the bank of the Alakananda, is Brahma **Kapal** Ghat. It is customary to offer *pinda* (*sraddha*) to departed ancestors here. When Lord Siva in the form of Bhairava cut off Lord Brahma's fifth head, it is said to have fallen here at Brahma Kapal.



In The Area

Near KeshavaPrayag there is a temple dedicated to Mata Murti, mother of Nara and Narayana Rishi. Near this temple is a mountain called **ManinagParvat**. It is said that near this mountain is where Yudhisthira was able to

answer all the questions asked by Yamaraja to bring his brothers back to life. They lost their lives when they did not answer the questions.



And there is a boulder at **Charan- paduka**, two kilometers away, that has the footprints of Lord Vishnu. This is where He stepped when He once descended to earth.

PanchaDhara (five Waterfalls) :Kurma,Prahlada, Urvasi, Bhrigu, and Indra are waterfalls all located around Badrinath.

SeshaNetra is a large stone marked with one eye of Ananta Shesha, who is watching over everyone.



Urvasi Temple is where Indra's pridewas shattered by Urvasi, the most beautiful Apsara.

Nara and Narayana Mountains: **Nara Parvatis** opposite the main temple, and **Narayana Parvatis** behind. They are named after Nara and Narayana Rishis whodid meditation here. **Neelkantha Peak**(6,596m/21,635 ft), is to the left of Narayana Parvat. It changes color at sunrise and sunset. It is called the "Queen of the Himalayas" or the "shining pyramid."



c) MANA

Mana is 4 km northwest of Badrinath near the Tibet border. This is where Vyasadeva's cave is located. He is said to have divided the *Vedas into four* parts and compiled many *Puranas* here. The front of the cave is painted white, and there is a deity of Vyasadeva in the cave. Nearby is Ganesh's cave where Ganeshji sat and scribed down all Vedas spoken by Vyasadev. There are rocks here that look like layers of paper and are said to represent his works of writing down the *Mahabharata* and *SrimadBhagavatam*. Vyasadeva narrated these works, and Ganesh wrote them down, under the condition that Vyasadeva would not stop



reciting.

Near this location, Lord Siva narrated the glories of the Himalayas to the sage Skanda, who wrote the *Skanda Purana*.



The **Bhima** and **Mucukund caves** are located just above the cave of Vyasadeva. Down below is **BhimaPul** (Bhima's bridge), which Bhima is said to have made from a huge stone slab, so his brothers and Draupadi could cross the Saraswati River safely.



The **Saraswati** River emerges from a glacier north of Mana, touches Vyasa Gupha, and then merges into the river Alakananda at nearby KeshavPrayag.

than 44m(135 ft) high.

About three km from BhimaPul is **Vasudhara Falls**, which are more



d) SATOPANTH LAKE



At Satopanth (4,402m/14,442 ft), is the Lake of the Divine Trinity, a glacial lake. It is 25km from Badrinath. Lord Brahma, Lord Siva, and Lord Vishnu are said to meditate at the three corners of this crystal clear, green-water lake. On Ekadasi, Lord Vishnu is said to come and take bath here.

Satopanth Lake is in a restricted area. To get here you walk past Mana. After leaving Mana you walk across a meadow full of flowers before reaching the 44m **Vasudhara Falls**. The path becomes more difficult until you reach the source of the

Aiakananda River, which is near where the Bhagirath Kharak and Satopanth glaciers meet. You then walk across the Chakra Tirtha meadow and over the steep rise of the glacier to get to Satopanth Lake. At this point you are surrounded by the mountains Swargarohini (7,898m), Chaukhamba (7,164m), and Neelkanth (6,558m), which make a sensational sight.

e) Beyond Mana

Laksmivanis where Lakshmi is said to have meditated in a forest of Bhoj Patratrees.



Cakra-tirtha is where Arjuna is said to have taken bath and received Lord Siva's *Pashupati Astra*, which helped him defeat the Kauravas in the Battle of Kurukshetra.

Swargarohan Mountain (Stairway to Heaven) is said to be where the Pandavas, after visiting Badrinath, ascended to the spiritual world.

f) THE FIVE BADRI TEMPLES

There are five Badri temples AdiBadri, VriddhaBadri, BhavisyaBadri, YogadhyanBadri, and the temple of Badri Vishal at Badrinath itself.

To reach **AdiBadri** village you go 18km south from Karna Prayag toward Gwaldam. There is a small 16 temple complex (15m by 30m) located here, which was built during the Gupta Dynasty in the tenth century. The main temple contains a beautiful 1m (3 ft) carved black stone *murti* of the Lord called AdiBadri Narayana. He holds a mace, *chakra*, and lotus. Not many people visit here.

VridhaBadri is located in the village of Animath, which is on the way to Joshimath from Helang. It is 17km From Joshimath on the way to Pipalkoti. When Narada performed *tapasya* here, Lord Vishnu appeared before him as VridhaBadri (Old Badri).

BhavisyaBadri is located in the small village of Subhain (2,744 m), which is beyond Tapovan. Tapovan is about a 15km jeep ride from Joshimath, and from there it is a hard, nine km walk.

YogadhyanBadri is located in the town of Pandukeswar (1,955m), 24km from Badrinath and 20km from Joshimath. King Pandu, the father of the Pandavas, performed penance here to atone for the curse he received for killing two mating deer, who were sages in their previous lives. It is said that the Pandavas were born here. King Pandu installed a bronze *murti* called YogadhyanBadri here.

Stories related to Badrinath

a) How Lord Vishnu came to Badrinath.

Brahma Vaivarta Purana Brahma kanda 29 and 30 chapter contains the reason why Lord Narayan came to Badrinatha. The story begins with sage Narada requesting his Lord Narayan to perform his pastimes tapasya instead of his usual sleeping pastime Yoga Nidra. Happily, Lord Narayan made a plan and send Lakshmi devi to Nagaloka and then he left Vaikuntha to come to Badrinatha where Lord Shiva was residing. Lord Narayan came in the form of a child weeping. Parvati took compassion on then beautiful yet sorrowful child and brought him to their home. After some time the small child started crying again. At this point, Lord Shiva and Parvati thinking that child is hungry went to fetch something to appease his hunger. When both returned ,the child had locked the doors and smilingly said that now the home is his. Child requested them to relocate to another place. Understanding the child to be non different than Lord Narayan, Lord Shiva moved to Kedarnath. Not finding Lord Narayan in Vaikuntha, Narada came to Badrinath in his search. He found Him in Badrinath performing dhyana. Narada asked lord as to who is the object of his dhyana. Narayana replied that it was He Himself. He was setting an example for the world how one must perform meditation of Narayan.

b) Pastime of Nara Narayana Rsi & Dambodbhava -

Parasurama was present at the court of the Kauravas when Sri Krsna was speaking to Dhrtarastra on behalf of the Pandavas. When the Kauravas did not reply the questions put by Sri Krsna, Parasurama rose up to tell a story to illustrate the evils resulting from the arrogance of man. There was once a King called Dambhodbhava who was very arrogant because of his great strength. He wanted to diffuse his energy by fighting and labored much to get good opponents and roamed about in search of fighters. One day the Brahmins directed him to Nara-Narayan and accordingly Dambhodbhava went to their ashrama at Badarika and challenged them for a fight. They refused to fight and yet the King showered arrows on them. Then the

sages took a few blades of the Kusa grass and threw them at him. These turned into great missiles filling up the entire sky as . Horrified, the King begged to be pardoned and prostrated before the sages. They sent the befooled King back to his palace. (Chapter 96, UdyogaParva).

c) The Birth of Krishna Dwaipayana Veda Vyasa

Satyavati was the daughter of Dashraja, a chieftain of a fishing community. It is said that he found the baby Satyavati inside a fish he had caught. Satyavati retained a fishy smell and was therefore also known by the derogatory name Matsyagandha or one who smells like a fish.

When she grew older, Satyavati took to ferrying pilgrims across the river Yamuna. Once she was taking the Sage Parashara in her boat. Parashara told her that she was destined to give birth to a very great person from their union. At first she objected stating that he was a Brahmin and that she a fisherman's daughter. Understanding the divinity, She then placed three conditions before him. The first was that no one should be able to witness the union, so Parashara created an artificial mist around them. The second was that she should retain her virginity. Parashara assured her that after she gave birth she would again become a virgin. She wanted her fishy smell to be replaced by beautiful fragrance. Parashara agreed to this as well. He said that a divine aroma would emanate out of her, which could be sensed for a yojana, a distance equal to nine miles. She would then be known as Yojanagandha meaning one whose fragrance spreads for a yojana.

As union was divine, Satyavati conceived and immediately went into labor. Instantly on an island in the river she gave birth to a boy. The boy immediately grew up to become a man. He left his mother saying that whenever she would need him all she had to do was call and he would present himself. Since his complexion was dark he was called Krishna, which means dark. And since he was born on an island he was called Dwaipayana, from the word 'dweep' meaning island. Krishna Dwaipayana would later be known as Veda Vyasa, because he split the Vedas into four books.

d) MucukundaGupha (Cave): Kalayavana killed and Mucukunda liberated by Sri Krsna

King Kalayavana wanted to conquer Mathurapuri for which purpose he performed penance and secured from Siva the boon that none of the Yadavas would be able to kill him. Krsna had shifted Mathuravasisto Dvaraka, knowing that Kalayavana could not be killed because of the protection accorded by Siva's boon.

Another thing also happened at this juncture. King Mucukunda, son of Mandhata had on the request of Indra had gone to Devaloka and defeated the Asuras in war. Indra asked him to choose his reward for this service and Mucukunda wanted to be shown a place for him to sleep as he had not slept for a long time.



Indra, accordingly showed him a cave on earth and told him that he who disturbed him in sleep would be reduced to ashes by his very look. Mucukunda went to sleep in that cave.

Kalayavana approached Krsna to kill him and the latter, pretending to be in fear of Kalayavana, ran away. Kalayavana followed Krsna, who entered the cave where

Mucukunda was sleeping .Kalayavana followed Krsna into the cave also. Kalayavana, mistaking Mucukunda for Krsna, kicked him violently whereupon Mucukunda jumped up from sleep and looked at Kalayavana, who then was reduced to ashes as per the boon. Then Krsna appeared before Mucukunda and blessed him. On the advice of Krsna he left that cave and travelled to perform penance at Badarikasrama and attained salvation. (Bhagavata, 10th canto). His cave in Badrinath is still existing.

e) Ekadashi Gupha (Cave) at Badrinath

"Lord Shri Krishna replied to Arjuna's query, 'I will tell you why Ekadashi is the most purifying of all days. In the Satya-yuga there once lived an amazingly fearsome demon called Mura. Always very angry, he terrified all the demigods, defeating even Indra, the king of heaven; Vivasvan, the sun-god; the eight Vasus; Lord Brahma; Vayu, the wind-god; and Agni, the fire-god. With his terrible power he brought them all under his control.

"Lord Indra then approached Lord Siva and said, "We have all fallen from our planets and are now wandering helplessly on the earth. O lord, how can we find relief from this affliction? What will be the fate of us demigods?"

"Lord Siva replied, "O best of the demigods, go to that place where Lord Vishnu, the rider of Garuda, resides. He is Jagannatha, the master of all the universes and their shelter as well. He is devoted to protecting all souls surrendered to Him."

"Lord Krishna continued, 'O Arjuna, winner of wealth, after Lord Indra heard these words of Lord Siva's, he proceeded with all the demigods to the place where Lord Jagannatha, the Lord of the universe, the protector of all souls, was resting. Seeing the Lord sleeping upon the water, the demigods joined their hands and, led by Indra, recited the following prayers:

"O Supreme Personality of Godhead, all obeisances to You. O Lord of lords, O You who are praised by the foremost demigods, O enemy of all demons, O lotus-eyed Lord, O Madhusudana [killer of the Madhu demon], please protect us. Afraid of the demon Mura, we demigods have come to take shelter of You. O Jagannatha, You are the doer of everything and the creator of everything. You are the mother and the father of all universes. You are the creator, the maintainer, and the destroyer of all. You are the supreme helper of all the demigods, and You alone can bring peace to them. You alone are the earth, the sky, and the universal benefactor.

"You are Siva, Brahma, and also Vishnu, the maintainer of the three worlds. You are the gods of the sun, moon, and fire. You are the clarified butter, the oblation, the sacred fire, the mantras, the rituals, the priests, and the silent chanting of japa. You are the sacrifice itself, its sponsor, and the enjoyer of its results, the Supreme Personality of Godhead. Nothing within these three worlds, whether movable or immovable, can exist independent of You. O Supreme Lord, Lord of lords, You are the protector of those who take shelter of You. O supreme mystic, O shelter of the fearful, please rescue and protect us. We demigods have been defeated by the demons and have thus fallen from the heavenly realm. Deprived of our positions, O Lord of the universe, we are now wandering about this earthly planet."

"Lord Krishna continued, 'Having heard Indra and the other demigods speak these words, Shri Vishnu, the Supreme Personality of Godhead, replied, "What demon possesses such great powers of delusion that he has been able to defeat all the demigods? What is his name, and where does he live? Where does he get his strength and shelter? Tell Me everything, O Indra, and do not fear."

"Lord Indra replied, "O Supreme Godhead, O Lord of lords, O You who vanquish the fear in Your pure devotees' hearts, O You who are so kind to Your faithful servants, there was once a powerful demon of the

Brahman dynasty whose name was Nadijanga. He was extraordinarily fearsome and wholly dedicated to destroying the demigods, and he begot an infamous son named Mura.

"Mura's great capital city is Candravati. From that base the terribly evil and powerful Mura demon has conquered the whole world and brought all the demigods under his control, driving them out of their heavenly kingdom. He has assumed the roles of Indra, the king of heaven; Agni, the fire-god; Yama, the lord of death; Vayu, the wind-god; Isa or Lord Siva, Soma, the moon-god; Nairrti, the lord of the directions; and Varuna, the watergod. He has also begun emanating light in the role of the sun-god and has turned himself into the clouds as well. It is impossible for the demigods to defeat him. O Lord Vishnu, please kill this demon and make the demigods victorious."

"Hearing these words from Indra, Lord Janardana became very angry and said, "O powerful demigods, all together you may now advance on Mura's capital city of Candravati." Encouraged thus, the assembled demigods proceeded to Candravati with Lord Hari leading the way.

"When Mura saw the demigods, that foremost of demons started roaring very loudly in the company of countless thousands of other demons, who were all holding brilliantly shining weapons. The mighty-armed demons struck the demigods, who began abandoning the battlefield and fleeing in the ten directions. Seeing the Supreme Lord Hrsikesa, the master of the senses, present on the battlefield, the furious demons rushed toward Him with various weapons in their hands. As they charged the Lord, who holds a sword, disk, and club, Lord immediately pierced all their limbs with His sharp, poisonous arrows. Thus many hundreds of demons died by the Lord's hand.

"At last the chief demon, Mura, began fighting with the Lord. Mura used his mystic power to render useless whatever weapons the Supreme Lord Hrsikesa unleashed. Indeed, to the demon the weapons felt just like flowers striking him. When the Lord could not defeat the demon even with various kinds of weapons whether those that are thrown or those that are held. He began fighting with His bare hands, which were as strong as iron-studded clubs. The Lord wrestled with Mura for one thousand celestial years and then, apparently fatigued, left for **Badarikasrama**. There Lord Yogesvara, the greatest of all yogis, the Lord of the universe, entered a very beautiful cave named Himavati to rest. "ODhananjaya winner of wealth, that cave was ninety-six miles in diameter and had only one entrance. I went there out of fear, and also to sleep. There is no doubt about this, O son of Pandu, for the great fight made Me very tired. The demon followed Me into that cave and, seeing Me asleep, started thinking within his heart, "Today I will kill this slayer of all demons, Hari."

"While the wicked-minded Mura was making plans in this way, from My body there manifested a young girl who had a very bright complexion. O son of Pandu, Mura saw that she was equipped with various brilliant weapons and was ready to fight. Challenged by that female to do battle, Mura prepared himself and then fought with her, but he became very astonished when he saw that she fought him without cessation. The king of the demons then said, "Who has created this angry, fearsome girl who is fighting me so powerfully, just like a thunderbolt fapping upon me?" After saying this, the demon continued to fight with the girl.

"Suddenly that effulgent goddess shattered all of Mura's weapons and in a moment deprived him of his chariot. He ran toward her to attack her with his bare hands, but when she saw him coming she angrily cut off his head. Thus the demon at once fell to the ground and went to the abode of Yamaraja. The rest of the Lord's enemies, out of fear and helplessness, entered the subterranean Patala region.

"Then the Supreme Lord woke up and saw the dead demon before Him, as well as the maiden bowing down to Him with joined palms. His face expressing His astonishment, the Lord of the universe said, "Who has killed this vicious demon? He easily defeated all the demigods, Gandharvas, and even Indra himself, along with Indra's companions, the Maruts, and he also defeated the Nagas [snakes], the rulers of the lower

planets. He even defeated Me, making Me hide in this cave out of fear. Who is it that has so mercifully protected Me after I ran from the battlefield and went to sleep in this cave?"

"The maiden said, "It is I who have killed this demon after appearing from Your transcendental body. Indeed, O Lord Hari, when he saw You sleeping he wanted to kill You. Understanding the intention of this thorn in the side of the three worlds, I killed the evil rascal and thus freed all the demigods from fear. I am Your great maha-shakti, Your internal potency, who strikes fear into the hearts of all Your enemies. I have killed this universally terrifying demon to protect the three worlds. Please tell me why You are surprised to see that this demon has been killed, O Lord."

"The Supreme Personality of Godhead said, "O sinless one, I am very satisfied to see that it is you who have killed this king of the demons. In this way you have made the demigods **happy**, prosperous, and full of bliss. Because you have given pleasure to all the demigods in the three worlds, I am very pleased with you. Ask any boon you may desire, O auspicious one. I will give it to you without a doubt, though it be very rare among the demigods."

"The maiden said, "O Lord, if You are pleased with me and wish to give me a boon, then give me the power to deliver from the greatest sins that person who fasts on this day. I wish that half the pious credit obtained by one who fasts will accrue to one who eats only in the evening abstaining from grains and beans, and that half of this pious credit will be earned by one who eats only at midday. Also, may one who strictly observes a complete fast on my appearance day, with controlled senses, go to the abode of Lord Vishnu for one billion kalpas after he has enjoyed all kinds of pleasures in this world. This is the boon I desire to attain by Your mercy, my Lord. O Lord Janardana, whether a person observes complete fasting, eats only in the evening, or eats only at midday, please grant him a religious attitude, wealth, and at last liberation."



"The Supreme Personality of Godhead said, "O most auspicious lady, what you have requested is granted. All My devotees in this world will surely fast on your day, and thus they will become famous throughout the three worlds and finally come and stay with Me in My abode. Because you, My transcendental potency, have appeared on the eleventh day of the waning moon, let your name be Ekadashi. If a person fasts on Ekadashi, I will burn up all his sins and bestow upon him My transcendental abode.

"These are the days of the waxing and waning moon that are most dear to Me: Trtiya [the third day], Astami [the eighth day], Navami [the ninth day], Caturdasi [the fourteenth day], and especially Ekadashi [the eleventh day].

"The merit one attains by fasting on Ekadashi is greater than that achieved by observing any other kind of fast or by going to a place of pilgrimage, and even greater than that achieved by giving charity to brahmanas. I tell you most emphatically that this is true." "Having thus given the maiden His benediction, the Supreme Lord suddenly disappeared. From that time onward the Ekadashi day became most meritorious and famous all over the universe. O Arjuna, if a person strictly observes Ekadashi, I kill all his enemies and grant him the highest destination. Indeed, if a person observes this great Ekadashi fast in any of the prescribed ways, I remove all obstacles to his spiritual progress and grant him the perfection of life.

"Thus, O son of Prtha, I have described to you the origin of Ekadashi. This one day removes all sins eternally. Indeed, it is the most meritorious day for destroying all kinds of sins, and it has appeared in order to benefit everyone in the universe by bestowing all varieties of perfection.

"Whoever completely fasts on Ekadashi, following the rules and regulations, will achieve the supreme abode of Lord Vishnu, who rides upon Garuda. They are glorious who devote themselves to Lord Vishnu and spend all their time studying the glories of Ekadashi, One who vows not to eat anything on Ekadashi, but to eat only on the next day achieves the same merit as one who executes a horse sacrifice. Of this there is no doubt. Thus ends the narration of the glories of Margasirsa-krsnaEkadasi, or UtpannaEkadasi, from the Bhavisya-uttaraPurana.

f) KuberaParvat, the source of Saraswati

Alakananda starts beyond Badrinath at Alakapuri, the kingdom of Lord Kubera. Once Kubera was invited to the chanting of mantras held by the Devas at Kusavati. Kubera was on his way to Kusavati with his associate Maniman. During the journey, they went past Agastya, who was performing penance on the banks of river Kalindi. Manimanspat on the head of Agastya. Agastya cursed them thus: "Oh Kubera, your attendant Maniman has insulted me. Therefore, even though you are Yakshas your army will be defeated by a Earthly man and Maniman will be killed. You will have to grieve over this. But, you will be absolved from this curse of mine just at the sight of the man, who will kill Maniman and army. Later Bhimasena, who went to mount Gandhamadana in search of the Saugandhika flower for Draupadi, killed Maniman and his soldiers because of this curse of Agastya. After killing Maniman, Bhima saw Kubera in person, and the latter got absolved from the curse. (VanaParva, Chapter 161).

g) Dhruva Maharaja came to Badrinath

Dhruva Maharaja, at the end of his life, left his kingdom, which had extended all over the earth and was bound by the great oceans. Considering his body, his wives, his children, his friends, his army, his rich treasury, his very comfortable palaces and his many enjoyable pleasure-grounds to be creations of the illusory energy, he retired to the forest in the Himalayas known as Badarikasrama.

h) Nara Narayana Rsis humble Lord Indra

Seeing the intense tapasya of Sages Nara Narayana, Indra was alarmed. Believing that their tapasya was for the attainment of Indrahood and fearing his own displacement, Indra went to Badarikasrama mounted on Airavata to break their tapasya, and told them thus: "Oh ascetics, who shine like the rising sun, I am pleased with your tapasya. You may choose any boon you like." The Naranarayana's did not even recognise the thunderlike voice of Indra; nor did they answer him. This increased Indra's alarm, and he decided to disturb them with Maya, productive of fear, desire etc. and thus break their tapasya. Indra began threatening them with cruel animals created by him like wild cat, leopard tiger, lion, elephant etc. and also with



aberrations created in nature like storm, rain, wild fire etc. But, none of the above affected or moved them in the least. After all, why should they be moved? You would threaten only those who are subject to desires, love of comfort, any particular object in life or likes and dislikes. Since Naranarayanas had none of the above, Indra's attempts to threaten them failed. Thus disappointed he returned to Svargaloka and after thinking for a long time he called Kamadeva to him and spoke as follows:- "You should go, along with Rati and the spring, to Badarikasrama. Also take with you any number of apsara women you want. You will find Naranarayana's at the ashrama performing tapasya. Go and weaken them from their resolution by using your arrows (erotic shafts) and tempt them into erotic life. I am also deputing

apsara women like Rambha to help you.'

Kamadeva accordingly started for Badarikasrama accompanied by all the apsara women. When they reached the place, spring season had set in there. Varieties of bees flew about from flower to flower humming. Trees like the mango and Palasa were thick with flowers. A fragrant breeze swept the whole region. In this erotic background Kama and Rati, with their five arrows and accompanied by celestial women came to the ashrama, and there they began singing and dancing. Sage Narayanarsi awoke from his tapasya and whispered something in the ears of Nara. By now Kamadeva had entered the presence of Naranarayana's accompanied by the reputed beauties of Svargaloka like Menaka, Rambha, Tilottama, Sukesini, Manorama, Mahesvari, Puspagandha, Pramadvara, Ghrtaci, Candraprabha, Somaprabha, Vidyonmala, Ambujaksi and Kancanamala. These beauties were accompanied by 10080 of their beautiful attendants. Naranarayana's were wonder-struck to see this army of Kama. All those great beauties stood before Naranarayanas in salutation. Some of them began to sing, others to dance and yet others to take up the tunes. Sage Narayanarsi could easily divine the reason for the show. He thought to himself thus-"None but Devendra could have sent all these people here, and his object must be to hinder our tapasya. But I shall prove to Indra that all these mean nothing to me. Let Devendra understand that I can create more beautiful ladies than these women of his here and that I am not in the least attracted by any of them here."

Thinking thus Sage Narayana beat gently on his thigh and immediately arose therefrom, an exceptionally beautiful woman. Since that woman, the most beautiful in all the three worlds, was created from the Uru (thigh) of Narayana she came to be known as Urvasi. Others were wonder-struck by this new creation. He created some other beauties also, and an equal number of other women to serve them. All of these created beauties stood before him in humble salutation.

The celestial women of Indraloka almost fainted with fear. In repentance they begged the munis to pardon for their mistake. The munis were kindly disposed towards them. They told them that they (munis) cherished no animosity towards them, but in fact were pleased with them, and they further asked them (celestial women) to choose their boons. The munis also asked them to take Urvasi to Devaloka as a present from them to Indra. Let the Devas prosper. Having heard Nara speak like this, the celestial women returned in great humility to Devaloka with Urvasi and the other women. (Devi Bhagavata, 4th Skandha).

i) Tapta Kunda

Bhrgu had a greatly beloved wife, Puloma, in whom he conceived a son endowed with Bhrgu's own potency. The child grew normally in the womb of Puloma, who was very respectable and religious wife and who always treated others fairly. Once Bhrgu, great among the upholders of virtue, left her at home and went out to perform a royal consecration. While he was away, a demoniac Raksasa also named Puloma came to his ashrama. When he entered the ashrama and behold the faultless wife of Bhrgu, the Raksasa was overwhelmed by lust and lost his mind.

Upon seeing the Raksasa arrive, the lovely Puloma welcomed him with typical forest fare like fruits and roots and other such eatables. But simply by looking at her, the Raksasa Puloma was excited and his heart was fully tormented by lust. O brahmana, he yearned to kidnap that faultless woman.

Noticing the sacrificial fire ablaze on the sacred ground, the demon asked the blazing fire, "Tell me, Agni, whose wife is this? I ask you on your honor, O Fire, for you are the emblem of truth. Speak the truth to one who so inquires. I believe this lady of lovely complexion to be the very woman I once chose as my wife. But her father gave her away to Bhrgu, who improperly accepted her. If this shapely woman, who stands alone here, is indeed Bhrgu's wife, then you must declare it openly, for I wish to steal her from this ashrama. My heart has always burned with rage because Bhrgu took that lovely-waisted woman who was first meant to be my wife."

The Raksasa was not sure if the woman was actually Bhrgu's wife, and so again and again he entreated the

blazing sacrificial fire, asking him the same question. "O Agni, you ever exist within all creatures as a witness to their piety and sin. O wise one, speak words of truth. Bhrgu falsely took away my intended wife, and if this is that same woman, then tell me so. You must declare the truth. As soon as I hear from you that she is truly Bhrgu's wife, I shall take her from this ashrama before your very eyes, my dear sacred Fire. Now speak the truth!"

Afraid to speak a lie, and fearing too of Bhrgu's curse, Fire began to speak, slowly and carefully, revealing the identity of Bhrgu's wife. [Although the demoniac Raksasa insisted that Agni speak the truth, he himself cared nothing for Vedic principles and considered his own selfish will to be the highest law.]

Suta Goswami said: Upon hearing Agni's statement the demon assumed the form of a huge boar and seized Bhrgu's wife with the speed of the mind and the strength of the wind. But as soon as he grabbed Puloma, the child rolled furiously out of her womb and thus became known as Cyavana, "the one who came forth." Simply seeing this powerful child rush forth from his mother's womb, the Raksasa burst into flames. Releasing Bhrgu's wife, he fell to the ground and burned to ashes.

Shocked and aggrieved by this incident, the shapely Puloma quickly picked up Bhrgu's beloved child and ran. Lord Brahma himself, the grandfather of all the worlds, witnessed Bhrgu's faultless wife crying out, her eyes filled with tears, and he began to comfort that chaste young lady, whose teardrops, as they issued forth, formed a great river that followed her path.

Thus Cyavana, the powerful son of Bhrgu, was born. Upon seeing his son Cyavana and his furious wife, Bhrgu too became angry and asked his faithful Puloma, "When that Raksasa decided to steal you, who told him your name? O sweet-smiling one, the demon surely did not know that you were my wife. Tell me the truth. Who revealed your identity? My anger is such that I wish to curse him this very moment! Who is that person who does not fear my curse? Who committed this offense?"

Puloma said: My lord, it was Agni who surrendered me to the Raksasa. As I cried out like a kurari bird, the Raksasa led me away. I was saved only by this son of yours. By his power, the demon let go of me as he burned to ashes and fell dead on the earth.

Suta Goswami said: Hearing this from Puloma, a terrible wrath took hold of Bhrgu Muni, and he cursed Agni, the god of fire, declaring, "You, Fire, shall eat all things". Cursed by Bhrgu, Agni too grew angry, and spoke these words: "Brahmana! Why have you committed such a reckless act against me, when I strove to follow the law and spoke the truth impartially? When questioned, I spoke the facts. What, then, is my crime? A witness who knowingly speaks lies when questioned ruins seven generations of his family, past and future. And one who knows the truth in a matter of duty, and even knowing does not speak, is tainted by that very sin (of duplicity) without a doubt. "I also have the power to curse you, but I am bound to honor brahmanas. Although you already know it, I shall clearly explain the situation. Please listen carefully, "By my mystic potency I divide myself into many flames, and thus I am present in various forms of religious sacrifices, such as the Agni-hotra, Satra, Makha, and in other rituals and ceremonies. Thus even the demigods and forefathers are satisfied by offerings of clarified butter consumed within my flames, following the Vedic rites.

"All the hosts of demigods and forefathers are venerable authorities in this world. Thus religious offerings on the new moon and full moon days are meant for both the gods and the forefathers, for they are generally worshiped as one, but are worshiped separately on the moon days. And even the demigods and forefathers always make offerings through me, hence I am considered to be the mouth of the thirty principle demigods and the forefathers. "The forefathers are offered sacrifice on the new moon day, and the demigods on the full moon day, and through my mouth they consume offerings of clarified butter. How, then, can my mouth eat all things, clean and unclean?"

Reflecting on the matter, Agni withdrew himself from all the obligatory religious sacrifices and rituals, including the Agni-hotra. There was thus no chanting of the sacred Om, Vasat, Svadha, and Svahaa transcendental sound or Vedic hymn. And thus without Agni all creatures became very aggrieved. The sages, who grew very disturbed, then went to the demigods and spoke: "Now that fire is lost, religious processes have collapsed, and thus the three worlds, blameless in this matter, are fadding to ruin. Do what needs to be done while we still have time." The sages and gods then approached Lord Brahma and delivered the news of the curse on Agni and his withdrawal from religious ceremonies. "O exalted one," they said, "Bhrgu has cursed Agni without reason. How can Agni, the mouth of the demigods, be cursed to eat all things? It is Agni who eats the first portion of that which the whole world offers in sacrifice."

Hearing their speech, Brahma, the creator, called Agni and spoke to him these gentle and immortal words, meant for the welfare of the world: "You are the fountain of all planets and You are their end. You sustain the three worlds and set the sacred rites in motion. O lord of the world, please act so that religious ceremonies are not cut off. Being a universal controller and the consumer of sacrificial offerings, why should you now be so confused? You represent purity in this world, and you pervade all creatures. You shall not eat all things with all your bodies. In your manifestation as a gross material ingredient, O blazing lord, your flames will burn all things. But as the sun purifies all things by the touch of its rays, similarly all that you burn by your flames shall become pure.

"O Fire of awesome potency, with that same potency, please make the sage's curse come true, O mighty one. Accept and consume the demigods' portion and your own when properly offered through your mouth in sacrifice."

"So be it!" replied Agni to the grandsire, and he departed to execute the instruction of the supreme demigod.

The gods and sages happily departed, and all the sages began to perform the essential religious processes, just as they had before. The gods in heaven and all the earthly communities rejoiced. And Agni, his impurity cleansed, experienced the greatest happiness. Such is the very ancient history that arose from the cursing of Agni, the destruction of the demon Puloma, and the birth of the sage Cyavana. It is said that pleased with Agni dev 's(Fire God's) penance, Lord Vishnu had granted him a boon to permanently reside in the form of this **kund**here and burn away the sins of all His devotees.